

Position	Actual Time	Race No	Surname	First Name	Club Name	Category
1	00:33:17	283	Cox	Jonathan	Eden Runners	
2	00:33:31	65	Rooney	Blain	Border Harriers	
3	00:33:56	242	Allen	Matthew	Ryston Runners	V40
4	00:35:34	44	Payne	Andrew	Ribble Valley	V40
5	00:36:02	309	French	John	Eden Runners	
6	00:36:30	435	Smith	Richard	Leigh harriers	
7	00:37:03	318	Gregory	Michael		V40
8	00:37:04	433	Simpson	Alex	Lancaster Uni RC	
9	00:37:33	243	Annan	James		V45
10	00:37:37	249	Banks	Faye	Pontefract AC	V35
11	00:37:54	50	Holding	Neil	Horwich RMI	V55
12	00:37:55	400	Pearson	Daniel	Trawden AC	
13	00:38:20	402	Pinon Shaw	Jose	Red Rose RR	V50
14	00:38:51	71	Routledge	Calvin	Ambleside AC	V45
15	00:38:56	485	Williams	Chris	Riversway RR	
16	00:39:19	52	Baxter	Jack		
17	00:39:22	395	O'Donnell	Daniel		V40
18	00:39:49	241	Agnew	John	Fylde Coast Runners	
19	00:39:53	387	Murphy	Josh	Todmorden Harriers	
20	00:39:58	436	Southward	Tom	Glaxo Hoad Hill Harriers	
21	00:40:01	300	Evason	John		
22	00:40:06	481	Whelan	Amy	Glaxo Hoad Hill Harriers	
23	00:40:42	63	Naylor	John	Red Rose RR	
24	00:40:50	299	Evans	Catherine	Keswick AC	V35
25	00:41:01	250	Barltrop	Callum	Lancaster Uni RC	
26	00:41:15	493	Woodhead	David	Pudsey Pacer	V40
27	00:41:46	53	Dale	Ian	Royton Road	V50
28	00:42:01	40	Beech	Paul	Blackpool W	V40
29	00:42:05	389	Navis	David	St Helens Striders	
30	00:42:06	272	Chalfont	Michael		V45
31	00:42:07	296	Duncan	Richard	Lancaster Runners	
32	00:42:17	393	Oakey	John	Eden Runner	V45
33	00:42:22	70	Mackie	Paul	Lancaster & I	V45
34	00:42:27	360	Lloyd	Peter	Lancaster Runners	
35	00:42:37	474	Walker	David	Lancaster & I	V55
36	00:42:39	275	Chapman	Geoffrey		
37	00:42:39	313	Gillyon	Jo	Keswick AC	V40
38	00:42:41	407	Punton	Chris	Walney Wind Cheethahs	
39	00:42:52	450	Thomas	James	Walney Wind Cheethahs	
40	00:43:05	312	Gilleade-Smith	James	Lancaster Runners	
41	00:43:37	495	Davies	David		
42	00:43:42	472	Walker	Lindsay	Keswick AC	V35
43	00:43:47	443	Strange	Jonathan	Warrington RC	
44	00:43:50	49	Walsh	Michael	Kendal AAC	V65
45	00:44:05	48	Bridlie	John	Eden Runner	V50

46	00:44:07	285 Cunniff	Peter	Wigan & Dist V40
47	00:44:34	68 Roy	Michael	Lancaster & Morecambe
48	00:44:48	66 Cobb	Jordan	
49	00:44:57	454 Tickle	Michelle	Blackpool W V40
50	00:45:04	327 Harrison	Haydn	Bramley Breezers
51	00:45:08	432 Simpson	James	Eden Runners
52	00:45:15	42 Oakes	Jackie	Burnden RR V45
53	00:45:23	37 Goddard	Louise	Lancaster & IV50
54	00:45:35	62 Hodgson	Ian	
55	00:45:38	247 Baker	Carol	Eden Runner V50
56	00:45:39	319 Grinbergs	Kerr	Eden Runner V40
57	00:45:48	458 Travis	Heather	Glaxo Hoad F V40
58	00:45:49	464 Urban	David	
59	00:46:10	36 Goddard	Ade	V40
60	00:46:11	399 Patel	Mumtaz	Burnden RR V45
61	00:46:23	413 Rennie	Nicola	Lancaster Uni RC
62	00:46:32	246 Baker	Ken	Eden Runner V55
63	00:47:00	350 Kidd	Olivia	Eden Runners
64	00:47:08	295 Driver	Karen	Trawden AC V45
65	00:47:12	64 Clarkson	Alan	Clayton le M V60
66	00:47:20	471 Walker	Andrew	Eden Runner V55
67	00:47:34	457 Townley	Philip	Lancaster Ru V50
68	00:47:40	434 Singleton	Amanda	Eden Runner V45
69	00:47:41	261 Bridge	Karen	Eden Runner V45
70	00:47:43	290 Dawson	Bronwyn	
71	00:47:46	451 Thorburn	Richard	V40
72	00:47:52	419 Saager	Paul	Eden Runner V65
73	00:47:58	254 Bentham	Thomas	V40
74	00:48:29	320 Hall	Lynsey	Lancaster Ru V40
75	00:48:32	337 Howse	Kevin	V50
76	00:48:34	47 Smithers	Benjamin	Red Rose RR
77	00:48:57	455 Tidbury	Wade	Eden Runner V55
78	00:48:58	325 Harrison	Cheryl	Bramley Bree V50
79	00:49:05	326 Harrison	Don	Bramley Bree V50
80	00:49:16	323 Hardie	Daniel	
81	00:49:36	370 Mason	Cloey	Barlick Fell R V40
82	00:49:54	388 Myers	Kris	V45
83	00:49:55	492 Hoyer	Kath	Wesham RR V55
84	00:49:56	408 Raeburn	Donna	Eden Runner V40
85	00:50:03	324 Hargreaves	Julia	V45
86	00:50:04	422 Seward	Kelly	Lancaster Ru V35
87	00:50:32	282 Collins	Clare	V40
88	00:50:47	330 Hebdige	Claire	V35
89	00:50:57	51 Moore	John	Halifax Harrie V45
90	00:51:05	262 Briffett	Colin	V45
91	00:51:14	414 Richardson	Carl	V55

92	00:51:20	38 Scarr	Simon	Blackpool W	V50
93	00:51:25	259 Brass	Simon		
94	00:51:37	273 Chambers	Jennifer	Fylde Coast	FV35
95	00:51:45	311 Gilchrist	Jade		
96	00:51:46	452 Thornton	Faye		
97	00:51:46	375 McCann	Joel		
98	00:51:49	480 Wheeler	Sineadh		V35
99	00:51:50	302 Faulder	Lewis		
100	00:52:05	58 Clucas	John	Blackburn Ro	V55
101	00:52:08	278 Clarkson	Martin		
102	00:52:11	401 Percival	Darren		
103	00:52:15	351 King	Julia	Eden Runner	V65
104	00:52:23	43 Sherrington	Melanie	Runnung 4CF	V35
105	00:52:29	280 Cody	Kay	Lancaster & I	V35
106	00:52:37	252 Bean	Gemma		
107	00:52:41	334 Hierons	Nigel	Eden Runner	V45
108	00:52:41	357 Treloar	Charlotte	Eden Runners	
109	00:52:56	301 Farmer	Stuart		V40
110	00:53:23	67 Lewis	Helena	Lancaster & I	V50
111	00:53:28	39 Thistlethwait	Andrew		V50
112	00:53:36	488 Wright	Sarah	Eden Runner	V40
113	00:53:56	412 Reid	Beth		
114	00:54:01	303 Ferris	Shane		V40
115	00:54:05	315 Gore	Vicky	Wesham RR	V40
116	00:54:26	431 Silson	Gillian	Eden Runner	V55
117	00:54:30	314 Gonnella	Lucy		
118	00:54:31	286 Cunniff	Cheryl		V35
119	00:54:46	342 James	Kate		V45
120	00:55:28	258 Braithwaite	Claire		
121	00:55:47	381 Metcalf	Beth		
122	00:55:59	397 Osman	Dawn		V40
123	00:56:00	245 Atkinson	Emma		V40
124	00:56:05	54 Heywood	Jillian	Royton Road	V45
125	00:56:09	453 Thorpe	Rebecca		V35
126	00:56:10	447 Swann	Stuart		V50
127	00:56:10	405 Potter	Lydia		
128	00:56:10	257 Blakey	Maria		V60
129	00:56:11	339 Iversen	Rebecca		
130	00:56:11	497 No	Name		
131	00:56:16	437 Stead	Rebecca		
132	00:56:20	491 Waywell	Dave	Wesham RR	V70
133	00:56:34	271 Caulfield	Nicola		V35
134	00:56:35	347 Kelly	Claire		
135	00:56:42	366 Magee	Tracey	Preston Harr	V40
136	00:56:43	55 Lonergan	Terry	Barlick Fell R	V65
137	00:56:43	358 Leeman	Rachel		

138	00:56:44	293 Dobson	Michael	
139	00:56:50	459 Trotman	Catherine	
140	00:56:53	369 Martin	Carla	V35
141	00:56:53	368 Malkin	Alan	V45
142	00:56:57	291 Day	Shelley	V35
143	00:56:57	292 Day	Steve	V45
144	00:57:10	307 Flanagan	Garry	V55
145	00:57:12	373 Mayor	Steve	
146	00:57:19	248 Balshaw	Ian	Lytham St An V50
147	00:57:21	322 Hannah	Sharon	V45
148	00:57:23	352 Kingshott	Paul	V40
149	00:57:24	473 Walker	Christine	Lytham St An V45
150	00:57:30	321 Hall	Michael	Holmfirth Ha V55
151	00:57:33	448 Sweeney	Sinead	Preston Harr V45
152	00:57:33	57 Curran	Candice	V35
153	00:57:34	462 Turner	Pauline	
154	00:57:34	56 Smith	Cerl	V40
155	00:57:57	438 Steele	Fiona	
156	00:58:20	429 Shepherd	Rebecca	Lancaster Runners
157	00:58:23	354 Knowles	Heather	Lancaster Ru V45
158	00:58:27	467 Wain	Terry	V60
159	00:58:29	444 Sullivan	Lorna	V35
160	00:58:33	279 Clarkson	Susan	V35
161	00:58:36	345 Dent	Joanna	V45
162	00:58:40	483 White	Patricia	V55
163	00:58:40	255 Bettson-Burc	Claudia	
164	00:58:42	362 Lobb	Terry	Fylde Coast FV50
165	00:58:42	332 Hetherington	Nadine	Fylde Coast FV40
166	00:58:43	428 Shepherd	Sarah	V40
167	00:58:46	476 Walker	Nickola	Blackpool W V45
168	00:58:47	394 Oakey	Emma	Eden Runner V45
169	00:58:52	267 Bunting	Debra	Lancaster & IV55
170	00:59:39	310 Fuller	Amanda	Blackpool W V40
171	00:59:41	446 Swan	Jude	V35
172	00:59:43	379 Mercer	Andrew	
173	01:00:20	415 Roberts	Maureen	Lancaster Ru V60
174	01:00:23	380 Merrill	Julie Anne	V35
175	01:00:24	411 Reece	Emily	V40
176	01:00:32	284 Creed	Lisa	V35
177	01:00:35	61 Ryan	Michael	V50
178	01:00:41	329 Hawkrigg	Karen	V40
179	01:00:59	41 Chappelttew	Mary	Eden Runner V45
180	01:01:18	45 Hewton	Di	V65
181	01:01:30	361 Lloyd	Bill	V60
182	01:01:45	346 Johnson	Sarah	
183	01:01:51	331 Hesketh	Jennifer	

184	01:02:38	266 Bullett	Madeleine	
185	01:02:59	426 Shaw	Hannah	
186	01:02:59	427 Shaw	Anthony	
187	01:03:56	418 Ryan	Jill	V45
188	01:03:56	376 McGlinchey	Gemma	V35
189	01:04:11	489 Wright	Sarah	Lancaster & IV45
190	01:04:27	340 Jackman	Margaret	V45
191	01:05:18	456 Tidbury	Fiona	Eden Runner V55
192	01:05:38	424 Sharrock	Tracey	Blackpool W V35
193	01:05:41	263 Brookes	Richard	V65
194	01:05:51	253 Bantham	Lesley Anne	V45
195	01:06:22	382 Milner	Rebecca	V35
196	01:06:24	465 Veevers	Paula	V35
197	01:08:54	442 Stevenson	Christopher	V40
198	01:08:55	441 Stevenson	Claire	Bentham Be V40
199	01:09:30	430 Silson	Shaun	Eden Runner V55
200	01:10:12	392 Noble	Nicola	
201	01:10:15	46 Stapleton	Linda	Lancaster & IV70
202	01:11:15	374 McCabe	Liza	V40
203	01:11:54	463 Underwood	Lorraine	
204	01:11:54	69 Underwood	Philip	V40
205	01:12:56	440 Steele	Helen	
206	01:12:56	439 Steele	Rob	
207	01:12:58	391 Newby	Melanie	V40
208	01:13:08	416 Rowley	Claire	V45
209	01:13:10	264 Brooks	Emma	Lancaster & IV50
210	01:13:23	490 Young	Jessica	
211	01:13:24	281 Collins	Katie	
212	01:14:21	304 Fisher	Tracey	Warrington FV45
213	01:14:21	349 Kemp	James	
214	01:14:21	305 Flanagan	Dave	V45
215	01:14:23	486 Williams	Hazel	Warrington FV50
216	01:14:23	270 Cartwright	Rachel	Warrington FV40
217	01:14:24	348 Kemp	Lucy	Warrington RC
218	01:14:26	478 Weaver	Caroline	Warrington FV50
219	01:14:27	468 Walker	Andy	Warrington FV45
220	01:14:28	423 Shankland	Chloe	Warrington RC
221	01:14:30	403 Plevin	Louise	Warrington RC
222	01:14:30	333 Hibbitts	John	Warrington FV40
223	01:14:33	477 Walton	Phil	Warrington FV40
224	01:14:33	59 Lloyd	Lisa	Warrington FV45
225	01:14:33	60 Hughes	Carole	Warrington FV50
226	01:14:37	316 Grace	Jennifer	Warrington FV35
227	01:14:37	469 Walker	Tracey	Warrington FV50
228	01:14:37	406 Preston	Trish	Warrington FV45
229	01:14:40	287 Daniels	Mark	Warrington FV40

230	01:14:40	404 Plumb	Lindsay	Warrington FV35
231	01:14:40	317 Grace	Antony	Warrington FV40
232	01:14:58	260 Brett	Aimee	V35
233	01:15:06	294 Dring	Helen	V45
234	01:15:41	445 Suthers	Sarah	Darwen Dash V40
235	01:15:41	470 Walker	Scott	Darwen Dash V40
236	01:16:15	356 Lee	Naomi	
237	01:16:15	398 Padfield	Alice	
238	01:17:08	277 Clarke	Hayley	
239	01:17:12	335 Hodges	Stephen	V40
240	01:17:52	475 Walker	Linda	Lancaster & IV55
241	01:18:58	396 Oldham	Audrey	V55
242	01:20:12	372 Maudsley	Emma	V35
243	01:21:20	328 Hatton	Imelda	Lancaster & IV50
244	01:22:46	425 Shaw	Helen	Warrington FV50
245	01:22:46	482 White	Jo	Warrington FV40
246	01:22:55	359 Little	Fiona	Blackpool W V50
247	01:23:03	338 Hoyle	Kathryn	V50
248	01:25:07	308 Fletcher	Nin	V35
249	01:26:14	385 Mulligan	Ramona	Red Rose RR V50

Sex

M

M

M

M

M

M

M

M

M

F

M

M

M

M

M

M

M

M

M

M

M

F

M

F

M

M

M

M

M

M

M

M

M

M

M

M

F

M

M

M

M

F

M

M

M

M
M
M
F
M
M
F
F
M
F
F
F
M
M
F
F
M
F
F
M
M
M
M
F
F
F
M
M
M
M
F
M
M
F
F
F
F
F
F
F
M
M
M

M
M
F
F
F
M
F
M
M
M
M
F
F
F
F
M
F
M
F
M
F
F
F
F
F
F
F
F
F
F
F
F
F
F
F
F
F
F
F
F
M
F
F
F
M
F
M
F
F
F
M
F

M
F
F
M
F
M
M
M
M
F
M
F
M
F
F
F
F
F
F
F
F
M
F
F
F
F
F
F
F
F
F
M
F
F
F
F
F
F
F
M
F
F
F
M
F
F
F
M
F
F

F
F
M
F
F
F
F
F
F
M
F
F
F
M
F
M
F
F
F
F
F
M
F
M
M
F
F
F
F
F
F
M
M
M
F
F
F
F
F
M

F
M
F
F
F
M
F
F
F
M
F
F
F
F
F
F
F
F
F
F
F