

Eden Runners		2022 Club Road Championships Men										2022 Road Championships										
		Race #1					Race #2					Race #3					2022 Road Championships					
		Resolution 10k 10k (1st of 10) Carlisle					Cross-Border 10k 10k (2nd of 10) Grena					Three Bridges 10k 10k (3rd of 10) Lancaster					Total Points after 2 events					
Date ->		Sun 23 January 2022					Sunday 06 February 2022					Sunday 10 Apr 2022										
		Total Points this Event					Total Points this Event					Total Points this Event					Total Points All Events					
		Time	ER Ranking	Ranking Points	PB Points	Completo n Points	Time	ER Ranking	Ranking Points	PB Points	Completo n Points	Time	ER Ranking	Ranking Points	PB Points	Completo n Points	ER Ranking	Ranking Points	PB Points	Completo n Points	Positions after - 2	
1	John Williams	00:39:03	00:38:53	00:39:03	1	31	0	5	36	00:38:57	3	21	15	5	41	1	52	15	10	77	John Williams	1
2	Andy Douglas	00:39:26	00:38:33	00:39:26	2	30	0	5	35	00:38:32	2	22	15	5	42	1	52	15	10	77	Andy Douglas	1
3	Joe Webb	00:41:02	00:41:02	00:41:02	3	29	0	5	34					0	11	29	0	5	34	Joe Webb	11	
4	Carl Sealby	00:42:17	00:41:32	00:42:17	4	28	0	5	33	00:41:32	4	20	15	5	40	3	48	15	10	73	Carl Sealby	3
5	Nicky Strong	00:42:29	00:42:18	00:42:29	5	27	0	5	32	00:42:18	5	19	15	5	39	4	46	15	10	71	Nicky Strong	4
6	James Saxon	00:43:48	00:43:48	00:43:48	6	26	0	5	31	00:44:18	6	18	5	23	6	44	0	10	54	James Saxon	6	
7	Paul McKeown	00:43:53	00:43:53	00:43:53	7	25	0	5	30	00:44:28	7	17	5	22	7	42	0	10	52	Paul McKeown	7	
8	Stu Hodgson	00:45:11	00:44:49	00:45:11	8	24	0	5	29	00:44:49	8	16	15	5	36	5	40	15	10	65	Stu Hodgson	5
9	John Andrewartha	00:45:41	00:45:41	00:45:41	9	23	0	5	28					0	12	23	0	5	28	John Andrewartha	12	
10	Dave Johnson	00:46:14	00:46:14	00:46:14	10	22	0	5	27	00:46:14	10	15	5	27	14	22	0	5	27	Dave Johnson	14	
11	Garry Bower	00:47:00	00:47:00	00:47:00	11	21	0	5	26	00:49:09	11	13	5	18	9	34	0	10	44	Garry Bower	9	
12	Andrew Walker	00:48:40	00:48:40	00:48:40	12	20	0	5	25					0	15	20	0	5	25	Andrew Walker	15	
13	Larry Home	00:49:00	00:49:00	00:49:00	13	19	0	5	24					0	16	19	0	5	24	Larry Home	16	
14	Ian Robinson	00:49:50	00:49:50	00:49:50	14	18	0	5	23	00:49:59	12	12	5	17	10	30	0	10	40	Ian Robinson	10	
15	Paul Saager	00:51:34	00:51:34	00:51:34	15	17	0	5	22					0	17	17	0	5	22	Paul Saager	17	
16	David Wills	00:52:10	00:52:10	00:52:10	16	16	0	5	21					0	18	16	0	5	21	David Wills	18	
17	David Chalis	00:52:56	00:52:56	00:52:56	17	15	0	5	20					0	19	15	0	5	20	David Chalis	19	
18	Simon Knell	00:53:47	00:53:47	00:53:47	18	14	0	5	19	00:52:21	13	11	15	5	31	8	25	15	10	50	Simon Knell	8
19	Simon Flatman	00:55:05	00:55:05	00:55:05	19	13	0	5	18					0	22	13	0	5	18	Simon Flatman	22	
20	Stuart Lowthian	00:55:04	00:55:04	00:55:04	20	12	0	5	17					0	23	12	0	5	17	Stuart Lowthian	23	
21	Peter House	00:55:13	00:55:13	00:55:13	21	11	0	5	16					0	24	11	0	5	16	Peter House	24	
22	Richard Boyce	00:59:39	00:59:39	00:59:39	22	10	0	5	15					0	25	10	0	5	15	Richard Boyce	25	
23	Harry Lancaster	00:33:01							0	00:33:01	1	23	5	28	12	23	0	5	28	Harry Lancaster	12	
24	James Jardine	00:46:11							0	00:46:11	9	15	5	20	19	15	0	5	20	James Jardine	19	
25	Gary Mines	00:47:25							0	00:47:25	10	14	5	19	21	14	0	5	19	Gary Mines	21	
26	Phil Whitfield	00:56:07							0	00:56:07	14	10	5	15	25	10	0	5	15	Phil Whitfield	25	
27									0					0	0	0	0	0	0			0
28									0					0	0	0	0	0	0			0
29									0					0	0	0	0	0	0			0
30									0					0	0	0	0	0	0			0
31									0					0	0	0	0	0	0			0
32									0					0	0	0	0	0	0			0
		ChkO	ChkO		ChkS				561	ChkO	ChkO		ChkS						952	Chk	952	26
No of ER Finishers		22	0	0	5		14	0	0	5		-1	0	-9	0	26					26	
Eden Runners		2022 Club Road Championships Ladies										2022 Road Championships										
		Race #1					Race #2					Race #3					2022 Road Championships					
		Resolution 10k 10k (1st of 10) Carlisle					Cross-Border 10k 10k (2nd of 10) Grena					Three Bridges 10k 10k (3rd of 10) Lancaster					Total Points after 2 events					
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		Time	ER Ranking	Ranking Points	PB Points	Completo n Points	Time	ER Ranking	Ranking Points	PB Points	Completo n Points	Time	ER Ranking	Ranking Points	PB Points	Completo n Points	ER Ranking	Ranking Points	PB Points	Completo n Points	Positions after - 2	
1	Emma Nielsen	00:42:17	00:41:31	00:42:17	1	26	0	5	31	00:41:31	2	23	15	5	43	1	49	15	10	74	Emma Nielsen	1
2	Kerry Grinbergs	00:42:49	00:42:49	00:42:49	2	25	0	5	30					0	11	25	0	5	30	Kerry Grinbergs	11	
3	Kathryn Metcalfe	00:43:28	00:43:28	00:43:28	3	24	0	5	29	00:44:16	3	22	5	27	6	46	0	10	56	Kathryn Metcalfe	6	
4	Rachel Ash	00:48:31	00:47:32	00:48:31	4	23	0	5	28	00:47:32	5	20	15	5	40	2	43	15	10	68	Rachel Ash	2
5	Fiona Ferguson	00:48:55	00:48:55	00:48:55	5	22	0	5	27	00:49:39	7	18	5	23	8	40	0	10	50	Fiona Ferguson	8	
6	Harriet North	00:49:06	00:49:06	00:49:06	6	21	0	5	26					0	13	21	0	5	26	Harriet North	13	
7	Olivia Kidd	00:49:39	00:49:39	00:49:39	7	20	0	5	25	00:48:45	6	19	15	5	39	4	39	15	10	64	Olivia Kidd	4
8	Helen Tyson	00:49:47	00:49:47	00:49:47	8	19	0	5	24	00:47:30	4	21	15	5	41	3	40	15	10	65	Helen Tyson	3
9	Katie Bird	00:50:14	00:50:14	00:50:14	9	18	0	5	23	00:50:20	8	17	5	22	10	35	0	10	45	Katie Bird	10	
10	Julie Gate	00:52:10	00:51:39	00:52:10	10	17	0	5	22	00:51:39	9	16	15	5	36	5	33	15	10	58	Julie Gate	5
11	Sharon Dawson	00:55:07	00:55:07	00:55:07	11	16	0	5	21					0	14	16	0	5	21	Sharon Dawson	14	
12	Liz Farthing	00:56:13	00:56:13	00:56:13	12	15	0	5	20					0	15	15	0	5	20	Liz Farthing	15	
13	Margaret Mossman	00:56:33	00:56:33	00:56:33	13	14	0	5	19					0	17	14	0	5	19	Margaret Mossman	17	
14	Sally Blackmore	00:56:53	00:56:53	00:56:53	14	13	0	5	18	00:55:34	12	13	15	5	33	7	26	15	10	51	Sally Blackmore	7
15	Anna Larden	00:58:22	00:58:22	00:58:22	15	12	0	5	17					0	19	12	0	5	17	Anna Larden	19	
16	Lisa Culling	01:10:48	01:09:24	01:10:48	16	11	0	5	16	01:09:24	15	10	15	5	30	9	21	15	10	46	Lisa Culling	9
17	Anne Blues	01:12:06	01:12:06	01:12:06	17	10	0	5	15					0	22	10	0	5	15	Anne Blues	22	
18	Sally Braithwaite	00:40:34							0	00:40:34	1	24	5	29	12	24	0	5	29	Sally Braithwaite	12	
19	Claire Crewe	00:52:26							0	00:52:26	10	15	5	20	15	15	0	5	20	Claire Crewe	15	
20	Laura Stutch	00:53:06							0	00:53:06	11	14	5	19	17	14	0	5	19	Laura Stutch	17	
21	Michelle Sutherland	00:59:33							0	00:59:33	13	12	5	17	19	12	0	5	17	Michelle Sutherland	19	
22	Abigail Jardine	01:01:05							0	01:01:05	14	11	5	16	21	11	0	5	16	Abigail Jardine	21	
23									0					0	0	0	0	0	0			0
24									0					0	0	0	0	0	0			0
25									0					0	0	0	0	0	0			0
26									0					0	0	0	0	0	0			0
27									0					0	0	0	0	0	0			0
28									0					0	0	0	0	0	0			0
29									0					0	0	0	0	0	0			0
30									0					0	0	0	0	0	0			0
31									0					0	0	0	0	0	0			0
32									0					0	0	0	0	0	0			0
		ChkO	ChkO		ChkS				391	ChkO	ChkO		ChkS						826	Chk	826	22
No of ER Finishers		17	0	0	5		15	0	0	5		-1	0	-9	0	22					22	
Total ERs		39					29					-2					48					