

2022 Club Parkrun Championships											2022 Parkrun Championships										
Race 1					Race 2					Race 3					Race 4						
Penrith parkrun					Penrith parkrun					Penrith parkrun					Penrith parkrun						
5k (1 of 10)					5k (1 of 10)					5k (2 of 10)					5k (2 of 10)						
Frenchfield					Frenchfield					Frenchfield					Frenchfield						
Sat 15 Jan 2022					Sat 15 Feb 2022					Sat 15 Feb 2022					Sat 15 Feb 2022						
Events					Events					Events					Events						
Time					Time					Time					Time						
PB Points					PB Points					PB Points					PB Points						
PB Points					PB Points					PB Points					PB Points						
Completions					Completions					Completions					Completions						
Total Points					Total Points					Total Points					Total Points						
Points this Event					Points this Event					Points this Event					Points this Event						
Positions after					Positions after					Positions after					Positions after						
Race no.					Race no.					Race no.					Race no.						
Male Group					Male Group					Male Group					Male Group						
1	Jonny Cox	00:16:31	1	64	0	5	69	0	0	0	0	1	64	0	5	69	1	1			
2	Harry Lancaster	00:16:53	2	63	0	5	68	0	0	0	0	2	63	0	5	68	2	2			
3	Ben Grayson	00:18:09	3	62	0	5	67	0	0	0	0	3	62	0	5	67	3	3			
4	David Bowes	00:18:50	4	61	0	5	66	0	0	0	0	4	61	0	5	66	4	4			
5	Andrew Douglas	00:19:03	5	60	0	5	65	0	0	0	0	5	60	0	5	65	5	5			
6	James Partridge	00:19:06	6	59	0	5	64	0	0	0	0	6	59	0	5	64	6	6			
7	Peter Walker	00:19:10	7	58	0	5	63	0	0	0	0	7	58	0	5	63	7	7			
8	John Williams	00:19:20	8	57	0	5	62	0	0	0	0	8	57	0	5	62	8	8			
9	Rip Daley	00:19:40	9	56	0	5	61	0	0	0	0	9	56	0	5	61	9	9			
10	Jonathan Hemmingway	00:19:49	10	55	0	5	60	0	0	0	0	10	55	0	5	60	10	10			
11	James Grimbergs	00:20:00	11	54	0	5	59	0	0	0	0	11	54	0	5	59	11	11			
12	Gary Simpson	00:20:32	12	53	0	5	58	0	0	0	0	12	53	0	5	58	12	12			
13	Nicky Strong	00:20:42	13	52	0	5	57	0	0	0	0	13	52	0	5	57	13	13			
14	Paul McKeown	00:20:47	14	51	0	5	56	0	0	0	0	14	51	0	5	56	14	14			
15	Carl Seably	00:20:49	15	50	0	5	55	0	0	0	0	15	50	0	5	55	15	15			
16	Paul Remwick	00:21:10	16	49	0	5	54	0	0	0	0	16	49	0	5	54	16	16			
17	Dave Robinson	00:21:14	17	48	0	5	53	0	0	0	0	17	48	0	5	53	17	17			
18	Kevin Scott	00:21:39	18	47	0	5	52	0	0	0	0	18	47	0	5	52	18	18			
19	Phil Duns	00:21:40	19	46	0	5	51	0	0	0	0	19	46	0	5	51	19	19			
20	Dave Baglee	00:21:50	20	45	0	5	50	0	0	0	0	20	45	0	5	50	20	20			
21	James Saxton	00:21:59	21	44	0	5	49	0	0	0	0	21	44	0	5	49	21	21			
22	Ian Hewitt	00:22:18	22	43	0	5	48	0	0	0	0	22	43	0	5	48	22	22			
23	Joe Aris	00:22:21	23	42	0	5	47	0	0	0	0	23	42	0	5	47	23	23			
24	Tony Lowery	00:22:23	24	41	0	5	46	0	0	0	0	24	41	0	5	46	24	24			
25	David Wils	00:22:24	25	40	0	5	45	0	0	0	0	25	40	0	5	45	25	25			
26	Garry Bower	00:22:51	26	39	0	5	44	0	0	0	0	26	39	0	5	44	26	26			
27	David Spence	00:22:55	27	38	0	5	43	0	0	0	0	27	38	0	5	43	27	27			
28	John Oakley	00:23:13	28	37	0	5	42	0	0	0	0	28	37	0	5	42	28	28			
29	David Peacock	00:23:27	29	36	0	5	41	0	0	0	0	29	36	0	5	41	29	29			
30	Paul Saager	00:24:09	30	35	0	5	40	0	0	0	0	30	35	0	5	40	30	30			
31	Gary Miles	00:24:10	31	34	0	5	39	0	0	0	0	31	34	0	5	39	31	31			
32	Phil Sturgess	00:24:18	32	33	0	5	38	0	0	0	0	32	33	0	5	38	32	32			
33	Ian Robinson	00:24:20	33	32	0	5	37	0	0	0	0	33	32	0	5	37	33	33			
34	Tony Brooke	00:24:31	34	31	0	5	36	0	0	0	0	34	31	0	5	36	34	34			
35	Keith Birch	00:25:08	35	30	0	5	35	0	0	0	0	35	30	0	5	35	35	35			
36	Dave Challis	00:25:57	36	29	0	5	34	0	0	0	0	36	29	0	5	34	36	36			
37	Simon Knell	00:25:58	37	28	0	5	33	0	0	0	0	37	28	0	5	33	37	37			
38	Jon Tombs	00:26:02	38	27	0	5	32	0	0	0	0	38	27	0	5	32	38	38			
39	Wade Tolbury	00:26:47	39	26	0	5	31	0	0	0	0	39	26	0	5	31	39	39			
40	Peter House	00:26:48	40	25	0	5	30	0	0	0	0	40	25	0	5	30	40	40			
41	Simon Flatman	00:26:50	41	24	0	5	29	0	0	0	0	41	24	0	5	29	41	41			
42	Patrick Hall	00:27:03	42	23	0	5	28	0	0	0	0	42	23	0	5	28	42	42			
43	Paul Wilson	00:27:29	43	22	0	5	27	0	0	0	0	43	22	0	5	27	43	43			
44	Jon Stafford	00:27:33	44	21	0	5	26	0	0	0	0	44	21	0	5	26	44	44			
45	Richard Boyce	00:28:48	45	20	0	5	25	0	0	0	0	45	20	0	5	25	45	45			
46	Joe Webb	00:28:59	46	19	0	5	24	0	0	0	0	46	19	0	5	24	46	46			
47	Michael Hall	00:29:17	47	18	0	5	23	0	0	0	0	47	18	0	5	23	47	47			
48	Roy Bottomley	00:29:36	48	17	0	5	22	0	0	0	0	48	17	0	5	22	48	48			
49	Mark McKeown	00:29:46	49	16	0	5	21	0	0	0	0	49	16	0	5	21	49	49			
50	James Follows	00:30:18	50	15	0	5	20	0	0	0	0	50	15	0	5	20	50	50			
51	Kevin Whitmore	00:30:22	51	14	0	5	19	0	0	0	0	51	14	0	5	19	51	51			
52	Gary Simpson	00:31:22	52	13	0	5	18	0	0	0	0	52	13	0	5	18	52	52			
53	Chris Lockley	00:32:16	53	12	0	5	17	0	0	0	0	53	12	0	5	17	53	53			
54	Nigel Herons	00:36:40	54	11	0	5	16	0	0	0	0	54	11	0	5	16	54	54			
55	David Robertson	00:52:07	55	10	0	5	15	0	0	0	0	55	10	0	5	15	55	55			
Total Males all GPs					Total Males all GPs					Total Males all GPs					Total Males all GPs						
Total PBs					Total PBs					Total PBs					Total PBs						
Total Males all GPs					Total Males all GPs					Total Males all GPs					Total Males all GPs						
Total PBs					Total PBs					Total PBs					Total PBs						
2022 Club Parkrun Championships Ladies											2022 Parkrun Championships Ladies										
Race 1					Race 2					Race 3					Race 4						
Penrith parkrun					Penrith parkrun					Penrith parkrun					Penrith parkrun						
5k (1 of 10)					5k (1 of 10)					5k (2 of 10)					5k (2 of 10)						
Frenchfield					Frenchfield					Frenchfield					Frenchfield						
Sat 15 Jan 2022					Sat 15 Feb 2022					Sat 15 Feb 2022					Sat 15 Feb 2022						
Events					Events					Events					Events						
Time					Time					Time					Time						
PB Points					PB Points					PB Points					PB Points						
PB Points					PB Points					PB Points					PB Points						
Completions					Completions					Completions					Completions						
Total Points					Total Points					Total Points					Total Points						
Points this Event					Points this Event					Points this Event					Points this Event						
Positions after					Positions after					Positions after					Positions after						
Race no.					Race no.					Race no.					Race no.						