Eden Runners — **2022 Club parkrun Championships**

Race 1 — Finishers 243 — Penrith parkrun — 5k (1 of 10) — Frenchfield — Sat 15 Jan 2022
Race 2 — Finishers 262 — Penrith parkrun — 5k (2 of 10) — Frenchfield — Sat 5 March 2022
Race 3 — Finishers 251 — Penrith parkrun — 5k (3 of 10) — Frenchfield — Sat 19 March 2022
Race 4 — Finishers 218 — Penrith parkrun — 5k (4 of 10) — Frenchfield — Sat 9 April 2022

2022 Parkrun Championships — Total Points after 4 events

Event -> / Distance -> / Venue -> / Date ->

Male Group

No	Name	Target Champs PB after Race #1	Current Champs PB after Race #2	Current Champs PB after Race #3	Current Champs PB after Race #4	Race 1 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event
1	Jonny Cox	00:16:31	00:16:31	00:16:31	00:16:31	00:16:31	1	64	0	5	69
2	Harry Lancaster	00:16:33	00:16:32	00:16:32	00:16:32	00:16:33	2	63	0	5	68
3	Ben Grayson	00:18:09	00:18:09	00:17:13	00:17:13	00:18:09	3	62	0	5	67
4	David Bowes	00:18:50	00:18:50	00:18:50	00:18:50	00:18:50	4	61	0	5	66
5	Andrew Douglas	00:19:03	00:18:54	00:18:24	00:18:24	00:19:03	5	60	0	5	65
6	Jamie Partridge	00:19:06	00:19:06	00:19:06	00:19:06	00:19:06	6	59	0	5	64
7	Peter Walker	00:19:10	00:19:07	00:18:51	00:18:51	00:19:10	7	58	0	5	63
8	John Williams	00:19:20	00:19:20	00:19:20	00:19:20	00:19:20	8	57	0	5	62
9	Rob Daley	00:19:40	00:19:40	00:19:28	00:19:28	00:19:40	9	56	0	5	61
10	Jonathan Hemingw	00:19:49	00:19:49	00:19:49	00:19:49	00:19:49	10	55	0	5	60
11	James Grinbergs	00:20:00	00:19:27	00:18:58	00:18:58	00:20:00	11	54	0	5	59
12	Greg Simpson	00:20:32	00:20:32	00:20:32	00:20:32	00:20:32	12	53	0	5	58
13	Nicky Strong	00:20:42	00:20:42	00:20:42	00:20:42	00:20:42	13	52	0	5	57
14	Paul McKeown	00:20:47	00:20:47	00:20:47	00:20:47	00:20:47	14	51	0	5	56
15	Carl Sealby	00:20:49	00:20:49	00:20:24	00:20:24	00:20:49	15	50	0	5	55
16	Paul Renwick	00:21:10	00:21:10	00:21:10	00:21:10	00:21:10	16	49	0	5	54
17	Dave Robinson	00:21:14	00:20:51	00:20:29	00:20:29	00:21:14	17	48	0	5	53
18	Kevin Scott	00:21:39	00:21:39	00:21:39	00:21:39	00:21:39	18	47	0	5	52
19	Philip Dixon	00:21:40	00:21:40	00:21:40	00:21:07	00:21:40	19	46	0	5	51
20	Dave Baglee	00:21:50	00:21:50	00:21:35	00:21:35	00:21:50	20	45	0	5	50
21	James Saxon	00:21:59	00:21:59	00:21:49	00:21:49	00:21:59	21	44	0	5	49
22	Ian Hewitt	00:22:18	00:22:18	00:22:18	00:21:49	00:22:18	22	43	0	5	48
23	Joe Aris	00:22:21	00:22:21	00:22:21	00:22:21	00:22:21	23	42	0	5	47
24	Tony Lowery	00:22:23	00:22:23	00:22:23	00:22:23	00:22:23	24	41	0	5	46
25	David Wills	00:22:43	00:22:43	00:22:01	00:22:01	00:22:43	25	40	0	5	45
26	Garry Bower	00:22:51	00:22:51	00:22:51	00:22:51	00:22:51	26	39	0	5	44
27	David Spence	00:22:55	00:22:55	00:22:49	00:22:49	00:22:55	27	38	0	5	43
28	John Oakey	00:23:13	00:21:45	00:21:33	00:21:01	00:23:13	28	37	0	5	42
29	David Peacock	00:23:27	00:23:27	00:23:27	00:23:27	00:23:27	29	36	0	5	41
30	Paul Saager	00:24:09	00:24:04	00:23:41	00:23:41	00:24:09	30	35	0	5	40
31	Gary Milnes	00:24:10	00:24:03	00:24:03	00:24:03	00:24:10	31	34	0	5	39
32	Philip Sturgess	00:24:18	00:24:18	00:24:18	00:24:18	00:24:18	32	33	0	5	38
33	Ian Robinson	00:24:20	00:24:20	00:24:20	00:24:20	00:24:20	33	32	0	5	37
34	Tony Brooke	00:24:51	00:24:49	00:24:32	00:24:18	00:24:51	34	31	0	5	36
35	Keith Black	00:25:08	00:25:08	00:25:08	00:25:08	00:25:08	35	30	0	5	35
36	Dave Challis	00:25:57	00:25:43	00:25:43	00:25:43	00:25:57	36	29	0	5	34
37	Simon Knell	00:25:58	00:25:57	00:25:57	00:25:57	00:25:58	37	28	0	5	33
38	Jon Tombs	00:26:02	00:26:02	00:23:56	00:23:56	00:26:02	38	27	0	5	32
39	Wade Tidbury	00:26:47	00:24:57	00:24:37	00:24:07	00:26:47	39	26	0	5	31
40	Peter House	00:26:48	00:26:48	00:26:48	00:26:48	00:26:48	40	25	0	5	30
41	Simon Flatman	00:26:50	00:26:50	00:26:50	00:26:50	00:26:50	41	24	0	5	29
42	Patrick Hall	00:27:03	00:27:03	00:27:03	00:27:03	00:27:03	42	23	0	5	28
43	Paul Wilson	00:27:29	00:27:25	00:27:01	00:25:59	00:27:29	43	22	0	5	27
44	Jon Stafford	00:27:33	00:26:39	00:26:39	00:26:39	00:27:33	44	21	0	5	26
45	Richard Boyce	00:28:48	00:28:41	00:28:38	00:27:51	00:28:48	45	20	0	5	25
46	Joe Webb	00:28:59	00:28:59	00:28:59	00:28:59	00:28:59	46	19	0	5	24
47	Michael Hall	00:29:17	00:29:17	00:29:17	00:29:17	00:29:17	47	18	0	5	23
48	Roy Bottomley	00:29:36	00:29:36	00:24:17	00:24:17	00:29:36	48	17	0	5	22
49	Mark McLellan	00:29:46	00:29:46	00:29:46	00:29:46	00:29:46	49	16	0	5	21
50	James Fallows	00:30:18	00:30:18	00:24:46	00:24:46	00:30:18	50	15	0	5	20
51	Kevin Whitemore	00:30:22	00:30:22	00:30:22	00:30:22	00:30:22	51	14	0	5	19
52	Guy Simpson	00:31:22	00:31:22	00:28:27	00:28:27	00:31:22	52	13	0	5	18
53	Chris Lockley	00:32:16	00:32:16	00:32:02	00:32:02	00:32:16	53	12	0	5	17
54	Nigel Hierons	00:36:40	00:25:05	00:25:05	00:25:05	00:36:40	54	11	0	5	16
55	David Robertson	00:52:07	00:52:07	00:28:29	00:28:17	00:52:07	55	10	0	5	15
56	Dave Johnson		00:22:05	00:21:48	00:21:48						
57	Alex Heron		00:22:16	00:22:16	00:22:16						
58	Jamie Jephcott		00:22:29	00:22:29	00:22:29						
59	Dom Davis		00:22:41	00:21:44	00:21:44						
60	Larry Horne		00:23:28	00:23:28	00:23:28						
61	Mark Osborne		00:24:26	00:23:15	00:23:15						
62	John Davis		00:24:52	00:24:52	00:24:52						
63	James Simpson		00:25:43	00:25:43	00:25:43						
64	Mark Foudy		00:28:18	00:28:18	00:28:18						
65	Robin Thomas		00:30:34	00:30:34	00:30:34						
66	Philip Whitfield		00:37:52	00:26:33	00:26:24						
67	Mike Hall			00:22:18	00:22:18						
68	John Andrewartha			00:22:24	00:22:24						
69	Mike Ferneyhough			00:28:14	00:28:14						
70	Shaun Silson			00:39:01	00:37:14						
71	Robert Webster				00:18:00						
72	Steven Agar				00:19:50						
73	David Baglee				00:21:49						
74	Jo Scott				00:31:42						
75											
							Chk0	Chk0	Pbs#	Chk5	
	No of ER Finishers					55	0	0	0	5	2310
						0:24:30					42
	Total males all Grou	Total PBs				55			0		

No	Name	Race 2 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event	Race 3 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event
1	Jonny Cox				0	0	0				0	0	0
2	Harry Lancaster	00:16:32	1	55	15	5	75				0	0	0
3	Ben Grayson				0	0	0	00:17:13	1	49	15	5	69
4	David Bowes				0	0	0				0	0	0
5	Andrew Douglas	00:18:54	2	54	15	5	74	00:18:24	2	48	15	5	68
6	Jamie Partridge				0	0	0				0	0	0
7	Peter Walker	00:19:07	3	53	15	5	73	00:18:51	3	47	15	5	67
8	John Williams				0	0	0				0	0	0
9	Rob Daley	00:19:52	5	51	0	5	56	00:19:28	5	45	15	5	65
10	Jonathan Hemingw	00:21:17	7	49	0	5	54				0	0	0
11	James Grinbergs	00:19:27	4	52	15	5	72	00:18:58	4	46	15	5	66
12	Greg Simpson				0	0	0				0	0	0
13	Nicky Strong	00:23:39	20	36	0	5	41				0	0	0
14	Paul McKeown	00:21:23	9	47	0	5	52	00:21:09	8	42	0	5	47
15	Carl Sealby	00:21:20	8	48	0	5	53	00:20:24	6	44	15	5	64
16	Paul Renwick				0	0	0				0	0	0
17	Dave Robinson	00:20:51	6	50	15	5	70	00:20:29	7	43	15	5	63
18	Kevin Scott				0	0	0				0	0	0
19	Philip Dixon	00:23:45	21	35	0	5	40	00:22:13	15	35	0	5	40
20	Dave Baglee				0	0	0	00:21:35	10	40	15	5	60
21	James Saxon				0	0	0	00:21:49	13	37	15	5	57
22	Ian Hewitt				0	0	0	00:22:21	17	33	0	5	38
23	Joe Aris				0	0	0				0	0	0
24	Tony Lowery	00:22:55	16	40	0	5	45	00:23:17	21	29	0	5	34
25	David Wills	00:22:52	15	41	0	5	46	00:22:01	14	36	15	5	56
26	Garry Bower	00:23:32	19	37	0	5	42				0	0	0
27	David Spence	00:23:23	17	39	0	5	44	00:22:49	19	31	15	5	51
28	John Oakey	00:21:45	10	46	15	5	66	00:21:33	9	41	15	5	61
29	David Peacock	00:25:30	31	25	0	5	30	00:23:58	24	26	0	5	31
30	Paul Saager	00:24:04	23	33	15	5	53	00:23:41	22	28	15	5	48
31	Gary Milnes	00:24:03	22	34	15	5	54	00:49:16	40	10	0	5	15
32	Philip Sturgess				0	0	0				0	0	0
33	Ian Robinson	00:24:29	25	31	0	5	36	00:24:39	28	22	0	5	27
34	Tony Brooke	00:24:49	26	30	15	5	50	00:24:32	26	24	15	5	44
35	Keith Black	00:25:08	30	26	0	5	31				0	0	0
36	Dave Challis	00:25:43	32	24	15	5	44				0	0	0
37	Simon Knell	00:25:57	34	22	15	5	42				0	0	0
38	Jon Tombs				0	0	0	00:23:56	23	27	15	5	47
39	Wade Tidbury	00:24:57	28	28	15	5	48	00:24:37	27	23	15	5	43
40	Peter House	00:27:53	37	19	0	5	24	00:27:47	32	18	0	5	23
41	Simon Flatman				0	0	0				0	0	0
42	Patrick Hall				0	0	0				0	0	0
43	Paul Wilson	00:27:25	36	20	15	5	40	00:27:01	31	19	15	5	39
44	Jon Stafford	00:26:39	35	21	15	5	41				0	0	0
45	Richard Boyce	00:28:41	39	17	15	5	37	00:28:38	36	14	15	5	34
46	Joe Webb				0	0	0				0	0	0
47	Michael Hall	00:30:44	42	14	0	5	19				0	0	0
48	Roy Bottomley				0	0	0	00:24:17	25	25	15	5	45
49	Mark McLellan	00:29:50	40	16	0	5	21				0	0	0
50	James Fallows	00:32:09	43	13	0	5	18	00:24:46	29	21	15	5	41
51	Kevin Whitemore	00:32:12	44	12	0	5	17	00:31:33	37	13	0	5	18
52	Guy Simpson				0	0	0	00:28:27	34	16	15	5	36
53	Chris Lockley	00:32:59	45	11	0	5	16	00:32:02	38	12	15	5	32
54	Nigel Hierons	00:25:05	29	27	15	5	47				0	0	0
55	David Robertson				0	0	0	00:28:29	35	15	15	5	35
56	Dave Johnson	00:22:05	11	45	0	5	50	00:21:48	12	38	15	5	58
57	Alex Heron	00:22:16	12	44	0	5	49				0	0	0
58	Jamie Jephcott	00:22:29	13	43	0	5	48				0	0	0
59	Dom Davis	00:22:41	14	42	0	5	47	00:21:44	11	39	15	5	59
60	Larry Horne	00:23:28	18	38	0	5	43				0	0	0
61	Mark Osborne	00:24:26	24	32	0	5	37	00:23:15	20	30	15	5	50
62	John Davis	00:24:52	27	29	0	5	34				0	0	0
63	James Simpson	00:25:43	33	23	0	5	28				0	0	0
64	Mark Foudy	00:28:18	38	18	0	5	23				0	0	0
65	Robin Thomas	00:30:34	41	15	0	5	20				0	0	0
66	Philip Whitfield	00:37:52	46	10	0	5	15	00:26:33	30	20	15	5	40
67	Mike Hall				0	0	0	00:22:18	16	34	0	5	39
68	John Andrewartha				0	0	0	00:22:24	18	32	0	5	37
69	Mike Ferneyhough				0	0	0	00:28:14	33	17	0	5	22
70	Shaun Silson							00:39:01	39	11	0	5	16
71	Robert Webster										0	0	0
72	Steven Agar										0	0	0
73	David Baglee												
74	Jo Scott												
75													
											0	0	0
					0	0	0				0	0	0
			Chk0	Chk0	Pbs#	Chk5			Chk0	Chk0	Pbs#	Chk5	
	No of ER Finishers	46	0	0	16	5	1965	40	0	0	27	5	1785
		0:24:52					42.7174	0:24:38					44.625
	Total males all Grou	46			16			40			27		

No	Name	Race 4 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event		Total ER Ranking	Ranking Points	PB Points	Completion Points	Total Points All Events	Name	Positions after 4	Race no 1	2	3	4
1	Jonny Cox				0	0	0		47	64	0	5	69	Jonny Cox	47	1	25	37	47
2	Harry Lancaster	00:16:44	1	53	0	5	58		8	171	15	15	201	Harry Lancaster	8	2	1	10	8
3	Ben Grayson	00:17:19	2	52	0	5	57		9	163	15	15	193	Ben Grayson	9	3	26=	13	9
4	David Bowes				0	0	0		50	61	0	5	66	David Bowes	50	4	29=	40=	50
5	Andrew Douglas	00:18:38	4	50	0	5	55		1	212	30	20	262	Andrew Douglas	1	5	2	1	1
6	Jamie Partridge				0	0	0		52=	59	0	5	64	Jamie Partridge	52=	6	31	43	52=
7	Peter Walker	00:19:06	5	49	0	5	54		2	207	30	20	257	Peter Walker	2	7	3	2	2
8	John Williams	00:19:31	6	48	0	5	53		27	105	0	10	115	John Williams	27	8	33=	45	27
9	Rob Daley	00:19:34	7	47	0	5	52		3	199	15	20	234	Rob Daley	3	9	6	5	3
10	Jonathan Hemingw	00:20:04	9	45	0	5	50		16	149	0	15	164	Jonathan Hemingway	16	10	7	18	16
11	James Grinbergs	00:29:40	40	14	0	5	19		7	166	30	20	216	James Grinbergs	7	11	4	3	7
12	Greg Simpson	00:20:48	11	43	0	5	48		30=	96	0	10	106	Greg Simpson	30=	12	35	46	30=
13	Nicky Strong				0	0	0		36	88	0	10	98	Nicky Strong	36	13	11	27	36
14	Paul McKeown				0	0	0		17	140	0	15	155	Paul McKeown	17	14	8=	8	17
15	Carl Sealby	00:20:46	10	44	0	5	49		6	186	15	20	221	Carl Sealby	6	15	8=	6	6
16	Paul Renwick				0	0	0		55=	49	0	5	54	Paul Renwick	55=	16	54=	48=	55=
17	Dave Robinson	00:20:55	12	42	0	5	47		4	183	30	20	233	Dave Robinson	4	17	5	4	4
18	Kevin Scott				0	0	0		57	47	0	5	52	Kevin Scott	57	18	38	51	57
19	Philip Dixon	00:21:07	14	40	15	5	60		10	156	15	20	191	Philip Dixon	10	19	14=	14	10
20	Dave Baglee				0	0	0		28	85	15	10	110	Dave Baglee	28	20	39	19	28
21	James Saxon				0	0	0		30=	81	15	10	106	James Saxon	30=	21	41=	22=	30=
22	Ian Hewitt	00:21:49	16	38	15	5	58		20	114	15	15	144	Ian Hewitt	20	22	43=	30=	20
23	Joe Aris				0	0	0		61=	42	0	5	47	Joe Aris	61=	23	45=	55	61=
24	Tony Lowery	00:22:56	17	37	0	5	42		15	147	0	20	167	Tony Lowery	15	24	14=	16	15
25	David Wills				0	0	0		19	117	15	15	147	David Wills	19	25	14=	9	19
26	Garry Bower	00:23:12	18	36	0	5	41		24	112	0	15	127	Garry Bower	24	26	18=	30=	24
27	David Spence	00:23:30	19	35	0	5	40		12=	143	15	20	178	David Spence	12=	27	17	12	12=
28	John Oakey	00:21:01	13	41	15	5	61		5	165	45	20	230	John Oakey	5	28	8=	7	5
29	David Peacock	00:24:37	28	26	0	5	31		21=	113	0	20	133	David Peacock	21=	29	24	25	21=
30	Paul Saager	00:23:45	22	32	0	5	37		12=	128	30	20	178	Paul Saager	12=	30	12=	11	12=
31	Gary Milnes	00:45:34	44	10	0	5	15		25	88	15	20	123	Gary Milnes	25	31	12=	20=	25
32	Philip Sturgess	00:26:11	33	21	0	5	26		52=	54	0	10	64	Philip Sturgess	52=	32	50=	60	52=
33	Ian Robinson	00:24:29	26	28	0	5	33		21=	113	0	20	133	Ian Robinson	21=	33	23	26	21=
34	Tony Brooke	00:24:18	24	30	15	5	50		11	115	45	20	180	Tony Brooke	11	34	18=	15	11
35	Keith Black	00:25:48	30	24	0	5	29		37=	80	0	15	95	Keith Black	37=	35	29=	40=	37=
36	Dave Challis				0	0	0		44	53	15	10	78	Dave Challis	44	36	21	34	44
37	Simon Knell	00:26:00	32	22	0	5	27		34	72	15	15	102	Simon Knell	34	37	22	36	34
38	Jon Tombs				0	0	0		43	54	15	10	79	Jon Tombs	43	38	56	32=	43
39	Wade Tidbury	00:24:07	23	31	15	5	51		14	108	45	20	173	Wade Tidbury	14	39	20	17	14
40	Peter House	00:27:33	36	18	0	5	23		35	80	0	20	100	Peter House	35	40	54=	35	35
41	Simon Flatman				0	0	0		68	24	0	5	29	Simon Flatman	68	41	57	63	68
42	Patrick Hall	00:27:52	38	16	0	5	21		59	39	0	10	49	Patrick Hall	59	42	58	64=	59
43	Paul Wilson	00:25:59	31	23	15	5	43		18	84	45	20	149	Paul Wilson	18	43	26=	22=	18
44	Jon Stafford				0	0	0		48=	42	15	10	67	Jon Stafford	48=	44	26=	38=	48=
45	Richard Boyce	00:27:51	37	17	15	5	37		21=	68	45	20	133	Richard Boyce	21=	45	33=	28	21=
46	Joe Webb				0	0	0		70	19	0	5	24	Joe Webb	70	46	60	66	70
47	Michael Hall				0	0	0		64=	32	0	10	42	Michael Hall	64=	47	48=	57=	64=
48	Roy Bottomley				0	0	0		48=	42	15	10	67	Roy Bottomley	48=	48	62	38=	48=
49	Mark McLellan				0	0	0		64=	32	0	10	42	Mark McLellan	64=	49	48=	57=	64=
50	James Fallows	00:26:48	35	19	0	5	24		33	68	15	20	103	James Fallows	33	50	50=	32=	33
51	Kevin Whitemore	00:32:35	42	12	0	5	17		46	51	0	20	71	Kevin Whitemore	46	51	53	48=	46
52	Guy Simpson				0	0	0		55=	29	15	10	54	Guy Simpson	55=	52	64	48=	55=
53	Chris Lockley				0	0	0		51	35	15	15	65	Chris Lockley	51	53	55	42	51
54	Nigel Hierons	00:25:38	29	25	0	5	30		39	63	15	15	93	Nigel Hierons	39	54	32	44	39
55	David Robertson	00:28:17	39	15	15	5	35		41	40	30	15	85	David Robertson	41	55	65=	52	41
56	Dave Johnson				0	0	0		29	83	15	10	108	Dave Johnson	29		40	20=	29
57	Alex Heron				0	0	0		60	44	0	5	49	Alex Heron	60		41=	53	60
58	Jamie Jephcott	00:23:44	21	33	0	5	38		40	76	0	10	86	Jamie Jephcott	40		43=	54	40
59	Dom Davis				0	0	0		30=	81	15	10	106	Dom Davis	30=		45=	22=	30=
60	Larry Horne	00:23:32	20	34	0	5	39		42	72	0	10	82	Larry Horne	42		47	56	42
61	Mark Osborne	00:24:32	27	27	0	5	32		26	89	15	15	119	Mark Osborne	26		52	29	26
62	John Davis				0	0	0		67	29	0	5	34	John Davis	67		54	62	67
63	James Simpson				0	0	0		69	23	0	5	28	James Simpson	69		59	64=	69
64	Mark Foudy				0	0	0		71	18	0	5	23	Mark Foudy	71		61	67	71
65	Robin Thomas				0	0	0		73	15	0	5	20	Robin Thomas	73		63	69	73
66	Philip Whitfield	00:26:24	34	20	15	5	40		37=	50	30	15	95	Philip Whitfield	37=		65=	47	37=
67	Mike Hall	00:24:19	25	29	0	5	34		45	63	0	10	73	Mike Hall	45			59	45
68	John Andrewartha				0	0	0		66	32	0	5	37	John Andrewartha	66			61	66
69	Mike Ferneyhough				0	0	0		72	17	0	5	22	Mike Ferneyhough	72			68	72
70	Shaun Silson	00:37:14	43	11	15	5	31		61=	22	15	10	47	Shaun Silson	61=			70	61=
71	Robert Webster	00:18:00	3	51	0	5	56		54	51	0	5	56	Robert Webster	54				54
72	Steven Agar	00:19:50	8	46	0	5	51		58	46	0	5	51	Steven Agar	58				58
73	David Baglee	00:21:49	15	39	0	5	44		63	39	0	5	44	David Baglee	63				63
74	Jo Scott	00:31:42	41	13	0	5	18		74	13	0	5	18	Jo Scott	74				74
75									0	0	0	0	0	0					
					0	0	0		0	0	0	0	0	0					
					0	0	0		0	0	0	0	0	0					
			Chk0	Chk0	Pbs#	Chk5						Chk5							
	No of ER Finishers	44	0	0	10	5	1756	185				5	7816	74					
		0:24:26					39.9091					Check	7816						
	Total males all Grou	44			10						53			74					

Eden Runners — **2022 Club parkrun Championships** — **Ladies**

Race 1 — Penrith parkrun — 5k (1 of 10) — Frenchfield — Sat 15 Jan 2022 — **Ladies**
Race 2 — Penrith parkrun — 5k (2 of 10) — Frenchfield — Sat 5 March 2022 — **Ladies**
Race 3 — Penrith parkrun — 5k (3 of 10) — Frenchfield — Sat 19 March 2022 — **Ladies**
Race 4 — Penrith parkrun — 5k (4 of 10) — Frenchfield — Sat 9 April 2022 — **Ladies**

2022 Parkrun Championships — Total Points after 4 events

Event -> / Distance -> / Venue -> / Date ->

Female Group

No	Name	Target Champs PB after Race #1	Current Champs PB after Race #2	Current Champs PB after Race #3	Current Champs PB after Race #4	Race 1 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event
1	Kerry Grinbergs	00:20:52	00:20:52	00:20:52	00:20:52	00:20:52	1	41	0	5	46
2	Emma Nielsen	00:21:29	00:21:28	00:20:57	00:20:57	00:21:29	2	40	0	5	45
3	Kathryn Metcalfe	00:21:47	00:21:47	00:21:23	00:21:23	00:21:47	3	39	0	5	44
4	Katie Milburn	00:22:43	00:22:43	00:22:42	00:22:25	00:22:43	4	38	0	5	43
5	Karen Bridge	00:23:04	00:22:04	00:21:27	00:21:10	00:23:04	5	37	0	5	42
6	Anna McCombie	00:23:11	00:23:11	00:23:11	00:23:11	00:23:11	6	36	0	5	41
7	Nicky Robinson	00:23:16	00:23:16	00:23:16	00:23:16	00:23:16	7	35	0	5	40
8	Audrey Turnbull	00:24:03	00:24:03	00:24:03	00:24:03	00:24:03	8	34	0	5	39
9	Helen Tyson	00:24:05	00:24:05	00:23:59	00:23:59	00:24:05	9	33	0	5	38
10	Fiona Ferguson	00:24:16	00:24:16	00:24:16	00:24:16	00:24:16	10	32	0	5	37
11	Katie Bird	00:25:01	00:25:01	00:25:01	00:25:01	00:25:01	11	31	0	5	36
12	Anna Whitemore	00:25:25	00:25:25	00:25:25	00:25:25	00:25:25	12	30	0	5	35
13	Julie Gate	00:25:52	00:25:52	00:25:52	00:25:52	00:25:52	13	29	0	5	34
14	Joanne Rodham	00:26:11	00:26:11	00:25:52	00:25:52	00:26:11	14	28	0	5	33
15	Carole Milnes	00:26:20	00:25:57	00:25:57	00:25:42	00:26:20	15	27	0	5	32
16	Alison Ferneyhough	00:27:14	00:27:14	00:27:14	00:27:14	00:27:14	16	26	0	5	31
17	Sally Blackmore	00:27:21	00:26:35	00:26:21	00:26:05	00:27:21	17	25	0	5	30
18	Elaine Malyn	00:27:32	00:27:32	00:27:32	00:27:32	00:27:32	18	24	0	5	29
19	Debbie Thompson	00:27:36	00:27:36	00:27:11	00:27:11	00:27:36	19	23	0	5	28
20	Heather Heron	00:27:48	00:27:41	00:27:10	00:27:10	00:27:48	20	22	0	5	27
21	Julia King	00:27:59	00:27:59	00:27:06	00:27:06	00:27:59	21	21	0	5	26
22	Wendy Johnson	00:28:11	00:26:33	00:26:33	00:26:33	00:28:11	22	20	0	5	25
23	Liz Farthing	00:28:19	00:27:56	00:27:56	00:27:56	00:28:19	23	19	0	5	24
24	Katy Drewette	00:30:55	00:30:55	00:30:50	00:30:10	00:30:55	24	18	0	5	23
25	Alison Naylor	00:32:37	00:32:37	00:32:37	00:32:37	00:32:37	25	17	0	5	22
26	Petrina Cassell	00:32:49	00:30:37	00:29:01	00:29:01	00:32:49	26	16	0	5	21
27	Mary Chappelhow	00:33:04	00:30:06	00:30:06	00:30:06	00:33:04	27	15	0	5	20
28	Anne Blues	00:33:19	00:33:19	00:33:19	00:33:19	00:33:19	28	14	0	5	19
29	Lisa Culling	00:36:22	00:33:08	00:33:08	00:33:08	00:36:22	29	13	0	5	18
30	Diane Peacock	00:36:30	00:36:30	00:36:30	00:36:30	00:36:30	30	12	0	5	17
31	Sheila Bottomley	00:36:35	00:36:35	00:36:35	00:36:35	00:36:35	31	11	0	5	16
32	Ali Turnbull	00:51:05	00:49:00	00:48:48	00:48:48	00:51:05	32	10	0	5	15
33	Amy Kelland		00:20:50	00:20:50	00:20:50				0	0	0
34	Elaine Sargent		00:23:06	00:23:06	00:23:06				0	0	0
35	Sarah Wright		00:26:55	00:26:55	00:26:55						
36	Margaret Mossman		00:27:27	00:27:08	00:27:08						
37	Linda Jefferson		00:27:34	00:27:34	00:27:34						
38	Sarah Brennand		00:29:53	00:29:53	00:29:53						
39	Steph Foudy		00:30:04	00:30:04	00:30:04						
40	Karen Sharpe		00:30:16	00:30:16	00:30:16						
41	Gillian Silson		00:30:27	00:29:14	00:29:14						
42	Charlotte Hill		00:30:40	00:29:41	00:29:41						
43	Barbara Murphy		00:32:19	00:31:18	00:31:18						
44	Melanie Hetherington		00:32:39	00:32:09	00:32:09						
45	Kate Wills		00:34:10	00:34:10	00:33:17						
46	Jane Housby		00:35:40	00:34:48	00:33:25						
47	Olivia Kidd			00:24:19	00:23:40						
48	Alison Rowsell			00:29:50	00:29:50						
49	Pat Evans			00:37:10	00:32:17						
50	Nicola King				00:22:47						
51	Trudie Newlove				00:32:12						
52	Fiona Tidbury				00:36:32				0	0	0
53											
							Chk0	Chk0	Pbs#	Chk5	
	No of ER Finishers					32	0	0	0	5	885
						0:28:13					27.6563
	Total females all Gr	Total PBs				32			0		
	Total all ERs	Total PBs				87			0		

No	Name	Race 2 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event	Race 3 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event
1	Kerry Grinbergs				0	0	0	00:21:21	2	41	0	5	46
2	Emma Nielsen	00:21:28	2	42	15	5	62	00:20:57	1	42	15	5	62
3	Kathryn Metcalfe	00:22:14	4	40	0	5	45	00:21:23	3	40	15	5	60
4	Katie Milburn				0	0	0	00:22:42	5	38	15	5	58
5	Karen Bridge	00:22:04	3	41	15	5	61	00:21:27	4	39	15	5	59
6	Anna McCombie	00:24:13	6	38	0	5	43	00:23:19	6	37	0	5	42
7	Nicky Robinson				0	0	0				0	0	0
8	Audrey Turnbull				0	0	0	00:25:04	10	33	0	5	38
9	Helen Tyson	00:24:15	7	37	0	5	42	00:23:59	7	36	15	5	56
10	Fiona Ferguson				0	0	0	00:24:23	9	34	0	5	39
11	Katie Bird				0	0	0				0	0	0
12	Anna Whitemore				0	0	0				0	0	0
13	Julie Gate	00:26:18	9	35	0	5	40				0	0	0
14	Joanne Rodham				0	0	0	00:25:52	11	32	15	5	52
15	Carole Milnes	00:25:57	8	36	15	5	56	00:25:58	12	31	0	5	36
16	Alison Ferneyhough	00:28:18	19	25	0	5	30	00:27:15	18	25	0	5	30
17	Sally Blackmore	00:26:35	11	33	15	5	53	00:26:21	13	30	15	5	50
18	Elaine Malyn				0	0	0				0	0	0
19	Debbie Thompson	00:27:45	16	28	0	5	33	00:27:11	17	26	15	5	46
20	Heather Heron	00:27:41	15	29	15	5	49	00:27:10	16	27	15	5	47
21	Julia King	00:28:09	18	26	0	5	31	00:27:06	14	29	15	5	49
22	Wendy Johnson	00:26:33	10	34	15	5	54				0	0	0
23	Liz Farthing	00:27:56	17	27	15	5	47	00:28:01	19	24	0	5	29
24	Katy Drewette	00:51:27	34	10	0	5	15	00:30:50	24	19	15	5	39
25	Alison Naylor				0	0	0				0	0	0
26	Petrina Cassell	00:30:37	25	19	15	5	39	00:29:01	20	23	15	5	43
27	Mary Chappelhow	00:30:06	22	22	15	5	42	00:31:04	25	18	0	5	23
28	Anne Blues	00:33:36	30	14	0	5	19	00:35:09	29	14	0	5	19
29	Lisa Culling	00:33:08	29	15	15	5	35				0	0	0
30	Diane Peacock				0	0	0	00:38:40	32	11	0	5	16
31	Sheila Bottomley				0	0	0				0	0	0
32	Ali Turnbull	00:49:00	33	11	15	5	31	00:48:48	33	10	15	5	30
33	Amy Kelland	00:20:50	1	43	0	5	48				0	0	0
34	Elaine Sargent	00:23:06	5	39	0	5	44				0	0	0
35	Sarah Wright	00:26:55	12	32	0	5	37				0	0	0
36	Margaret Mossman	00:27:27	13	31	0	5	36	00:27:08	15	28	15	5	48
37	Linda Jefferson	00:27:34	14	30	0	5	35				0	0	0
38	Sarah Brennand	00:29:53	20	24	0	5	29	00:35:39	30	13	0	5	18
39	Steph Foudy	00:30:04	21	23	0	5	28				0	0	0
40	Karen Sharpe	00:30:16	23	21	0	5	26				0	0	0
41	Gillian Silson	00:30:27	24	20	0	5	25	00:29:14	21	22	15	5	42
42	Charlotte Hill	00:30:40	26	18	0	5	23	00:29:41	22	21	15	5	41
43	Barbara Murphy	00:32:19	27	17	0	5	22	00:31:18	26	17	15	5	37
44	Melanie Hetherington	00:32:39	28	16	0	5	21	00:32:09	27	16	15	5	36
45	Kate Wills	00:34:10	31	13	0	5	18				0	0	0
46	Jane Housby	00:35:40	32	12	0	5	17	00:34:48	28	15	15	5	35
47	Olivia Kidd				0	0	0	00:24:19	8	35	0	5	40
48	Alison Rowsell				0	0	0	00:29:50	23	20	0	5	25
49	Pat Evans				0	0	0	00:37:10	31	12	0	5	17
50	Nicola King				0	0	0				0	0	0
51	Trudie Newlove				0	0	0				0	0	0
52	Fiona Tidbury				0	0	0				0	0	0
53													
			Chk0	Chk0	Pbs#	Chk5			Chk0	Chk0	Pbs#	Chk5	
	No of ER Finishers	34	0	0	11	5	1174	33	0	0	19	5	1200
		0:29:24					34.5294	0:28:37					36.3636
	Total females all Gr	34			11			33			19		
	Total all ERs	80			27			73			46		

No	Name	Race 4 Time	ER Ranking	Ranking Points	PB Points	Completion Points	Total Points this Event		Total ER Ranking	Ranking Points	PB Points	Completion Points	Total Points All Events	Name	Positions after 4	Race no 1	2	3	4
1	Kerry Grinbergs	00:21:31	2	34	0	5	39		11	116	0	15	131	Kerry Grinbergs	11	1	19=	14	11
2	Emma Nielsen				0	0	0		4=	124	30	15	169	Emma Nielsen	4=	2	1	1	4=
3	Kathryn Metcalfe				0	0	0		8	119	15	15	149	Kathryn Metcalfe	8	3	3	3	8
4	Katie Milburn	00:22:25	3	33	15	5	53		7	109	30	15	154	Katie Milburn	7	4	22	12	7
5	Karen Bridge	00:21:10	1	35	15	5	55		1	152	45	20	217	Karen Bridge	1	5	2	2	1
6	Anna McCombie	00:23:24	5	31	0	5	36		6	142	0	20	162	Anna McCombie	6	6	5	6	6
7	Nicky Robinson				0	0	0		39	35	0	5	40	Nicky Robinson	39	7	23	35=	39
8	Audrey Turnbull	00:24:26	7	29	0	5	34		15	96	0	15	111	Audrey Turnbull	15	8	24	20=	15
9	Helen Tyson	00:24:50	8	28	0	5	33		4=	134	15	20	169	Helen Tyson	4=	9	7	4	4=
10	Fiona Ferguson				0	0	0		25=	66	0	10	76	Fiona Ferguson	25=	10	27=	22=	25=
11	Katie Bird				0	0	0		42	31	0	5	36	Katie Bird	42	11	29=	38	42
12	Anna Whitemore				0	0	0		43=	30	0	5	35	Anna Whitemore	43=	12	31=	39=	43=
13	Julie Gate				0	0	0		27=	64	0	10	74	Julie Gate	27=	13	10	24	27=
14	Joanne Rodham				0	0	0		24	60	15	10	85	Joanne Rodham	24	14	33	16=	24
15	Carole Milnes	00:25:42	9	27	15	5	47		3	121	30	20	171	Carole Milnes	3	15	4	7	3
16	Alison Ferneyhough				0	0	0		20	76	0	15	91	Alison Ferneyhough	20	16	13=	15	20
17	Sally Blackmore	00:26:05	10	26	15	5	46		2	114	45	20	179	Sally Blackmore	2	17	6	5	2
18	Elaine Malyn				0	0	0		45	24	0	5	29	Elaine Malyn	45	18	34=	42	45
19	Debbie Thompson				0	0	0		18	77	15	15	107	Debbie Thompson	18	19	13=	9	18
20	Heather Heron	00:45:25	26	10	0	5	15		9	88	30	20	138	Heather Heron	9	20	9	8	9
21	Julia King	00:27:14	12	24	0	5	29		10	100	15	20	135	Julia King	10	21	16	10	10
22	Wendy Johnson	00:26:35	11	25	0	5	30		17	79	15	15	109	Wendy Johnson	17	22	8	19	17
23	Liz Farthing	00:27:56	14	22	0	5	27		12	92	15	20	127	Liz Farthing	12	23	11	13	12
24	Katy Drewette	00:30:10	15	21	15	5	41		13	68	30	20	118	Katy Drewette	13	24	25=	20=	13
25	Alison Naylor				0	0	0		50	17	0	5	22	Alison Naylor	50	25	40	46	50
26	Petrina Cassell				0	0	0		19	58	30	15	103	Petrina Cassell	19	26	15	11	19
27	Mary Chappelhow	00:31:06	16	20	0	5	25		16	75	15	20	110	Mary Chappelhow	16	27	12	16=	16
28	Anne Blues				0	0	0		32=	42	0	15	57	Anne Blues	32=	28	25=	28=	32=
29	Lisa Culling	00:33:18	20	16	0	5	21		27=	44	15	15	74	Lisa Culling	27=	29	17	30	27=
30	Diane Peacock	00:36:36	25	11	0	5	16		36	34	0	15	49	Diane Peacock	36	30	44	41	36
31	Sheila Bottomley				0	0	0		52	11	0	5	16	Sheila Bottomley	52	31	46	49	52
32	Ali Turnbull				0	0	0		25=	31	30	15	76	Ali Turnbull	25=	32	19=	22=	25=
33	Amy Kelland				0	0	0		37	43	0	5	48	Amy Kelland	37		18	32	37
34	Elaine Sargent				0	0	0		38	39	0	5	44	Elaine Sargent	38		21	34	38
35	Sarah Wright				0	0	0		40=	32	0	5	37	Sarah Wright	40=		27=	37	40=
36	Margaret Mossman	00:27:46	13	23	0	5	28		14	82	15	15	112	Margaret Mossman	14		29=	18	14
37	Linda Jefferson				0	0	0		43=	30	0	5	35	Linda Jefferson	43=		31=	39=	43=
38	Sarah Brennand	00:35:51	23	13	0	5	18		29	50	0	15	65	Sarah Brennand	29		34=	33	29
39	Steph Foudy				0	0	0		46	23	0	5	28	Steph Foudy	46		36	43	46
40	Karen Sharpe				0	0	0		47	21	0	5	26	Karen Sharpe	47		37	44	47
41	Gillian Silson	00:35:32	22	14	0	5	19		23	56	15	15	86	Gillian Silson	23		38	25	23
42	Charlotte Hill				0	0	0		30	39	15	10	64	Charlotte Hill	30		39	26	30
43	Barbara Murphy				0	0	0		31	34	15	10	59	Barbara Murphy	31		41	27	31
44	Melanie Hetherington				0	0	0		32=	32	15	10	57	Melanie Hetherington	32=		42	28=	32=
45	Kate Wills	00:33:17	19	17	15	5	37		34=	30	15	10	55	Kate Wills	34=		43	47	34=
46	Jane Housby	00:33:25	21	15	15	5	35		22	42	30	15	87	Jane Housby	22		45	31	22
47	Olivia Kidd	00:23:40	6	30	15	5	50		21	65	15	10	90	Olivia Kidd	21			35=	21
48	Alison Rowsell				0	0	0		48	20	0	5	25	Alison Rowsell	48			45	48
49	Pat Evans	00:32:17	18	18	15	5	38		34=	30	15	10	55	Pat Evans	34=			48	34=
50	Nicola King	00:22:47	4	32	0	5	37		40=	32	0	5	37	Nicola King	40=				40=
51	Trudie Newlove	00:32:12	17	19	0	5	24		49	19	0	5	24	Trudie Newlove	49				49
52	Fiona Tidbury	00:36:32	24	12	0	5	17		51	12	0	5	17	Fiona Tidbury	51				51
53																			
			Chk0	Chk0	Pbs#	Chk5						Chk5							
	No of ER Finishers	26	0	0	9	5	811	125				4.88	4070	52					
		0:29:17					31.1923					Check	4070						
	Total females all Gr	26			9						39			52					
	Total all ERs	70			19						92			126					