

Position	Name	Time	Club	Category
1	Carl Bell	1h 03.00	Keswick AC	Msen
2	Chris Edis	1h 06.40	Keswick AC	Msen
3	Bill Stewart	1h 06. 55	Borrowdale	M40
4	Peter Harrison	1h 07. 05	Keswick AC	Mu23
5	Mark McGoldrick	1h 07.07	Wharfedale	Msen
6	Garry Greenon	1h 08. 16	Ambleside	Msen
7	Phil Winskill	1h 08.35	Keswick AC	Msen
8	Chris Robinson	1h 09.30	Ambleside	Msen
9	Steve Birkinshaw	1h 10.00	Borrowdale	M45
10	Mike Johnson	1h 10.06	Bowland F.R	M50
11	Todd Oats	1h 10. 19	Ambleside	Msen
12	Howard Seal	1h 10.23	CFR	M40
13	Karl Steingger	1h 11.20	Ambleside	Msen
14	Paul Aitken	1h 11.56	Helm Hill	Msen
15	David Birch	1h 12.00	Keswick AC	M40
16	Paul Cornforth	1h 12.09	Borrowdale	M50
17	John Nicoll	1h 12.50	Keswick AC	M40
18	Darren Block	1h 13.05	CFR	Msen
19	Lee Newton	1h 13.38	Keswick AC	Msen
20	Chris Knowles	1h 13.38	Ellenborough	M50
21	Chris Newman	1h 13.49	Wharfedale	Msen
22	Jamie Luxmoore	1h 13.59	Ambleside	Msen
23	Mike Robinson	1h 14.07	Dark Peak	M40
24	Scott Umpleby	1h 14.20	Unattached	M45
25	Greg Lamb	1h 15.07	Keswick AC	Mu23
26	Andrew Jebb	1h 15.27	Bingley	Msen
27	Paul Neild	1h 15.40	Bowland F.R	M40

Position	Name	Time	Club	Category
28	Tom Gomersall	1h 15.42	Bingley	Msen
29	Rebecca Sheffield	1h 15.52	Ambleside	Wsen
30	Paul Lambert	1h 16.49	Wharfedale	M45
31	Steve Bennett	1h 17.09	Eden	M40
32	Andy Beaty	1h 17..15	CFR	M55
33	Paul Barnes	1h 17.17	Borrowdale	M40
34	Craig Smith	1h 17.47	Keswick AC	M45
35	Chris Reade	1h 18.03	Bowland F.R	M45
36	Nigel Wood	1h 18.10	Coniston F.R	Msen
37	Peg Bullen	1h 18.37	Keswick AC	M45
38	Scott Keough	1h 19.40	Ellenborough	M40
39	Roy Gibson	1h 19.53	Dark Peak	M50
40	Jane Reedy	1h 20.22	Ambleside	Wsen
41	Simon Dally	1h 20.23	Bolton	M40
42	Matt Foxwell	1h 20.24	Kendal	
43	Garry Owens	1h 20.27	NFR	M55
44	Mark Harris	1h 20.44	Helm Hill	M40
45	P Pearson	1h 21.13	Saltwell	M50
46	James Wright	1h 21.31	Unattached	Msen
47	Chris Suanepoel	1h 21:34	Unattached	Msen
48	Garry Beardwood	1h 21.51	Helm Hill	M40
49	Paul Reilly	1h 22.12	Coniston	Msen
50	James Christmas	1h 22.18	Keswick AC	Msen
51	Paul Metcalf	1h 22.22	Unattached	Msen
52	Richard Todd	1h 22.54	Wigton	Msen
53	Andrew Parker	1h 23.02	unattached	Msen
54	Steven O'keeffe	1h 23.10	CFR	M40
55	Stu Windsor	1h 23.16	Border	M40

Position	Name	Time	Club	Category
56	Allan Miller	1h 23.25	Kendal	M55
57	Alastair Spanner	1h 23.48	Unattached	M40
58	Lou Roberts	1h 24.01	Ambleside	M40
59	Robert Carter	1h 24.22	Tynedale Harries	M40
60	Richard Kendal	1h 24.36	Unattached	Msen
61	Ian Horne	1h 24.40	Eden	M45
62	Chris Harling	1h 24.51	Unattached	Msen
63	Bob Jones	1h 24.57	Keswick AC	Msen
64	Pete Marston	1h 25. 30	CFR	Msen
65	Simon Martlock	1h 25.32	Dumfries RC	M45
66	Keiith Loan	1h 25.41	Keswick AC	M55
67	Hazel Robinson	1h 25.53	Ambleside	W40
68	Lyn Thompson	1h 26.26	Keswick AC	W55
69	Ricky Fee	1h 26.33	Unattached	Msen
70	Stuart Edginton	1h 26.43	Keswick AC	M40
71	Karl Garside	1h 26.45	Unattached	M45
72	Sam Stead	1h 27.19	CFR	Msen
73	Catherine Spurden	1h 27.37	Keswick AC	Wsen
74	Dennis Nelson	1h 27.56	Dallam	M45
75	Liz Wilson	1h 28.12	unattached	Wsen
76	Stephen Weston	1h 28.34	DH Runners	Msen
77	Stephen Douglas	1h 28.39	Ellenborough	Men
78	Kathleen Aubby	1h 28.56	Helm Hill	W45
79	David Harvey	1.28.56	Pennine	M45
80	Neil Sidway	1h 29.51	CFR	M50
81	Steve Jones	1h 30.14	Keswick AC	Msen
82	Paul Simpson	1h 30.24	Kendal	M50
83	Kate Beatyy	1h 31.02	CFR	W50

Position	Name	Time	Club	Category
84	David Gibson	1h 31.05	Esk Valley	Msen
85	Kate Ayres	1h 31.11	Ambleside	W50
86	Becky James	1h 31.27	Helm Hill	Wsen
87	Anna Furrest	1h 31.33	Ambleside	W40
88	Nikki Kay	1h 31.40	Lancs Constab	Wsen
89	Lawrence Day	1h 31.53	Pennine	Msen
90	Mark Grham	1h 31.55	CFR	M50
91	Jonathan Stubbs	1h 32.05	Darwen Dashers	M45
92	Chris Moran	1h 31.14	Unattached	Msen
93	John Robinson	1h 32.27	Annan	M55
94	Kerry Cornforth	1h 32.40	Borrowdale	W40
95	Shaun Hardisty	1h 32.40	Eden	M40
96	Jayne Rigby	1h 32.44	Helm Hill	Wsen
97	Jack King	1h 33.40	CFR	M65
98	John Robson	1h 34,36	Unattached	M50
99	Sally Ward	1h 35.23	Unattcahed	W50
100	Peter Reed	1h 35.45	NFR	M60
101	David Johnson	1h 35.59	NFR	M55
102	Paul Burchell	1h 36.02	Long Easton RC	M50
103	Graham Eccles	1h 36.23	Clayton Le Moor	M55
104	Craig Baricom	1h 36.27	Unattached	M40
105	Mike Cottrill	1h 36.43	Unattched	Msen
106	Marie Robson	1h 36.47	Helm Hill	W45
107	Hugh Stirling	1h 36.50	Unattached	M50
108	Ashley Hardwell	1h 37.09	Unattached	M50
109	Nick Hambrey	1h 37.29	Kendal	M60
110	Trevor Wakenshaw	1h 38.15	North Shields Poly	M45
111	Amanda Burron	1h 38 22	Helm Hilll	Wsen

Position	Name	Time	Club	Category
112	David Geragty	1h 38.29	Unattached	Msen
113	Trevor Symonds	1h 38.29	FRA	M55
114	Graeme Fox	1h 38 51	Ellenborough	Msen
115	Jim Fisher	1h 38.57	Howgill	M50
116	Les Backer	1h 39.00	CFR	M45
117	Jennie Chaterley	1h 39.07	CFR	W40
118	Victoria Ware	1h 39. 25	Unattached	Wsen
119	John Moss	1h 39.51	Unattached	M45
120	Antony Murray	1h 39.53	Eden	Msen
121	Graham Seddon	1h 40.10	Unattached	M50
122	Mel Bradley	1h 40. 57	CFR	W50
123	Garry Dowthwaith	1h 41. 07	Dallam	M55
124	Stephen Watson	1h 42. 16	Dallam	M40
125	Anna Blackburn	1h 42.25	CFR	W50
126	Emma Cooper	1h 42.51	Eden	Wsen
127	Ange Jackson	1h 43.12	CFR	Wsen
128	Cath Musetti	1h 43.39	Ambleside	W45
129	Michael Salkeld	1h 43.41	Unattached	Msen
130	Justin Hale	1h 43.47	Unattached	M45
131	Andrew Githins	1h 44.14	Black Comb	M50
132	Gill Douglas	1h 45.58	Eden	W50
133	Jenny Russell	1h 45.58	Unattached	W40
134	David-John Carruthers	1h 46.54	CFR	Msen
135	Sandra Mastonn	1h 46.57	CFR	W50
136	Jason Fisher	1h 47.27	Unattacher	M45
137	Lindsay Buck	1h 47.27	CFR	W50
138	Glyn Casswell	1h 48.10	Quakers RC	M40
139	Nlck Moore	1h 48.16	CFR	M50

Position	Name	Time	Club	Category
140	Stewart Johnson	1h 48. 27	Helm Hill	M60
141	Rachel Slattery	1h 48.41	Helm Hill	W40
142	Thomas Martindale	1h 49.29	Unattached	Msen
143	Phil Curries	1h 49.31	Lancs Constab	M55
144	Allan Buckley	1h 49.46	Keswick AC	M65
145	Alex Kirby	1h 50.04	Arragon Tri	Msen
146	Richard Tait	1h 41.24	Swaledale	M60
147	Nicky Butler	1h 52.56	Keswick AC	W50
148	Andrew Frame	1h 57.40	Bingley Harries	M45
149	Jane Mottram	2h 02.32	CFR	W55
150	Dot Patton	2h 02. 31	CFR	W55