Eden Runners — **2022 Club Road Championships** — **Men**

	Race #1	Race #2	Race #3	Race #4	Race #5	Race #6	Race #7
Finishers	347	523	187	76	110		
Event ->	Resolution 10k	Cross-Border 10k	Three Bridges 10k	Kendal 10k	Hawkshead 10k	Riverside 10k	Richmond Castle 10k
Distance ->	10k (1st of 10)	10k (2nd of 10)	10k (3rd of 10)	10k (4th of 7)	10k (5th of 7)	10k (6th of 7)	10k (7th of 7)
Venue ->	Carlisle	Gretna	Lancaster	Kendal	Hawkshead Village	Lancaster	Richmond N Yorks
Date ->	Sun 23 January 2022	Sunday 06 February 2022	Sunday 10 Apr 2022	Wed May 4th 2022	Wed 15 June 2022	Sun 7 Aug 2022	Sun 11 Oct 2022 (TBC)

2022 Road Championships — Total Points after 5 events — Positions after each race

	Current champs 10k PB after Race #1	Current champs 10k PB after Race #2	Current champs 10k PB after Race #3	Current champs 10k PB after Race #4	Current champs 10k PB after Race #5	Time	ER Ranking	Ranking Points	PB Points	Completio n Points	Total Points this Event	Time	ER Ranking	Ranking Points	PB Points	Completio n Points	Total Points this Event	Time	ER Ranking	Ranking Points	PB Points	Completio n Points	Total Points this Event	Time	ER Ranking	Ranking Points	PB Points	Completio n Points	Total Points this Event	Time	ER Ranking	Ranking Points	PB Points	Completio n Points	Total Points this Event	Time	ER Ranking	Ranking Points	PB Points	Completio n Points	Total Points this Event	Total Points All Events		Positions after - Race no - 1	2	3	4	5
John Williams	00:39:03	00:38:57	00:38:57	00:38:57	00:38:57	00:39:03	1	31	0	5	36	00:38:57	3	21	15	5	41	00:40:39	2	18	0	5	23	00:39:53	2	17	0	5	22				0	0	0				0	0	0	0		3	87	15	20	122	John Williams	3	1	1–	2	2	3
Andy Douglas	00:39:26	00:38:32	00:38:28	00:38:28	00:38:28	00:39:26	2	30	0	5	35	00:38:32	2	22	15	5	42	00:38:28	1	19	15	5	39	00:39:33	1	18	0	5	23	00:39:24	1	17	0	5	22				0	0	0			1	106	30	25	161	Andy Douglas	1	2	1–	1	1	1
Joe Webb	00:41:02	00:41:02	00:41:02	00:41:02	00:41:02	00:41:02	3	29	0	5	34						0	00:44:26	4	16	0	5	21						0				0	0	0				0	0	0	0		11	45	0	10	55	Joe Webb	11	3	11	9	10	11
Carl Sealby	00:42:17	00:41:32	00:41:32	00:41:32	00:41:32	00:42:17	4	28	0	5	33	00:41:32	4	20	15	5	40	00:43:13	3	17	0	5	25						0				0	0	0				0	0	0	0		5	65	15	15	99	Carl Sealby	5	4	3	3	5	5
Nicky Strong	00:42:29	00:42:18	00:42:18	00:42:18	00:42:18	00:42:29	5	27	0	5	32	00:42:18	5	19	15	5	39						0						0				0	0	0				0	0	0	0		8	46	15	10	71	Nicky Strong	8	5	4	6	8	8
James Saxon	00:43:48	00:43:48	00:43:48	00:43:48	00:43:48	00:43:48	6	26	0	5	31	00:44:18	6	18			24						0						0				0	0	0				0	0	0	0		12	44	0	10	54	James Saxon	12	6	6	10	11	12
Paul McKeown	00:43:53	00:43:53	00:43:53	00:43:53	00:43:53	00:43:53	7	25	0	5	30	00:44:28	7	17			22						0	00:45:11	3	16	0	5	21				0	0	0				0	0	0	0		7	58	0	15	79	Paul McKeown	7	7	7	11	7	7
Stu Hodgson	00:45:11	00:44:49	00:44:49	00:44:49	00:44:49	00:45:11	8	24	0	5	29	00:44:49	8	16	15	5	36	00:44:52	5	15	0	5	20	00:46:23	4	15	0	5	20	00:45:01	3	15	0	5	20				0	0	0			2	85	15	25	125	Stu Hodgson	2	8	5	4	3	2
John Andrewartha	00:45:41	00:45:41	00:45:41	00:45:41	00:45:41	00:45:41	9	23	0	5	28						0						0	00:47:41	5	14	0	5	19	00:47:06	4	14	0	5	19				0	0	0			10	51	0	15	66	John Andrewartha	10	9	12=	14=	12=	10
Dave Johnson	00:46:14	00:46:14	00:46:14	00:46:14	00:46:14	00:46:14	10	22	0	5	27						0						0						0				0	0	0				0	0	0	0		17	22	0	5	27	Dave Johnson	17	10	14	16	17	17
Garry Bower	00:47:00	00:47:00	00:46:57	00:46:57	00:46:57	00:47:00	11	21	0	5	26	00:49:09	11	13	0	5	18	00:46:57	6	14	15	5	34	00:47:52	6	13	0	5	18	00:47:28	5	13	0	5	18				0	0	0			4	74	15	25	114	Garry Bower	4	11	9	5	4	4
Andrew Walker	00:48:40	00:48:40	00:48:40	00:48:40	00:48:40	00:48:40	12	20	0	5	25						0						0						0				0	0	0				0	0	0	0		18	20	0	5	43	Andrew Walker	18	12	15	17	18	18
Larry Horne	00:49:00	00:49:00	00:49:00	00:49:00	00:49:00	00:49:00	13	19	0	5	24						0						0						0				0	0	0				0	0	0	0		19	19	0	5	24	Larry Horne	19	13	16	18	19	19
Ian Robinson	00:49:50	00:49:50	00:49:50	00:49:50	00:49:50	00:49:50	14	18	0	5	23	00:49:59	12	12			17	00:52:35	7	13	0	5	18	00:53:40	8	11	0	5	16	00:51:01	7	11	0	5	16				0	0	0			6	65	0	25	90	Ian Robinson	6	14	10	8	6	6
Paul Saager	00:51:34	00:51:34	00:51:34	00:51:34	00:51:34	00:51:34	15	17	0	5	22						0						0						0				0	0	0				0	0	0	0		20	17	0	5	22	Paul Saager	20	15	17	19	20	20
David Wills	00:52:10	00:52:10	00:52:10	00:52:10	00:52:10	00:52:10	16	16	0	5	21						0						0						0				0	0	0				0	0	0	0		21=	16	0	5	21	David Wills	21=	16	18	20	21	21=
David Challis	00:52:56	00:52:56	00:52:56	00:52:56	00:52:56	00:52:56	17	15	0	5	20						0						0						0				0	0	0				0	0	0	0		23=	17	19=	21=	22=	23=	David Challis	23=	17	19=	21=	22=	23=
Simon Knell	00:53:47	00:52:21	00:52:21	00:52:21	00:52:21	00:53:47	18	14	0	5	19	00:52:21	13	11	15	5	31	00:55:18	9	11	0	5	16						0				0	0	0				0	0	0	0		9	36	15	15	66	Simon Knell	9	18	8	7	9	9
Simon Flatman	00:55:05	00:55:05	00:55:05	00:55:05	00:55:05	00:55:05	19	13	0	5	18						0						0						0				0	0	0				0	0	0	0		26	13	0	5	18	Simon Flatman	26	19	22	24	25	26
Stuart Lowthian	00:55:04	00:55:04	00:55:04	00:55:04	00:55:04	00:55:04	20	12	0	5	17						0						0	00:57:31	9	10	0	5	15				0	0	0				0	0	0	0		14	22	0	10	46	Stuart Lowthian	14	20	23	25	14	14
Peter House	00:55:13	00:55:13	00:55:13	00:55:13	00:55:13	00:55:13	21	11	0	5	16						0						0						0				0	0	0				0	0	0	0		29	11	0	5	16	Peter House	29	21	24	26	27	29
Richard Boyce	00:59:39	00:59:39	00:59:39	00:59:39	00:59:39	00:59:39	22	10	0	5	15						0	01:00:33	10	10	0	5	15						0				0	0	0				0	0	0	0		15	20	0	10	30	Richard Boyce	15	22	25=	13	15	15
Harry Lancaster		00:33:01	00:33:01	00:33:01	00:33:01	00:33:01			0	0	0	00:33:01	1	23		5	28						0						0				0	0	0				0	0	0	0		16	23	0	5	28	Harry Lancaster	16		12=	14=	16	16
James Jardine		00:46:11	00:46:11	00:46:11	00:46:11	00:46:11			0	0	0	00:46:11	9	15		5	29						0						0				0	0	0				0	0	0	0		23=	15	0	5	43	James Jardine	23=		19=	21=	22=	23=
Gary Milnes		00:47:25	00:47:25	00:47:25	00:47:25	00:47:25			0	0	0	00:47:25	10	14		5	29						0						0				0	0	0				0	0	0	0		25	14	0	5	44	Gary Milnes	25		21	23	24	25
Philip Whitfield		00:56:07	00:54:05	00:54:05	00:54:05	00:54:05			0	0	0	00:56:07	14	10		5	29	00:54:05	8	12	15	5	40	0						0				0	0	0				0	0	0	0		13	22	15	10	60	Philip Whitfield	13		25=	12	12=	13
Ralph Liddell				00:51:23	00:51:23	00:51:23			0	0	0						0						0	00:51:23	7	12	0	5	17				0	0	0				0	0	0	0		27=	12	0	5	44	Ralph Liddell	27=				26	27=
Brendan Ferguson					00:41:35	00:41:35			0	0	0						0						0						0	00:41:35	2	16	0	5	21				0	0	0	0		21=	16	0	5	42	Brendan Ferguson	21=					21=
Mark Osborne					00:48:19	00:48:19			0	0	0						0						0						0	00:48:19	6	12	0	5	17				0	0	0	0		27=	12	0	5	44	Mark Osborne	27=					27=
Dan Kelland					00:52:47	00:52:47			0	0	0						0						0						0	00:52:47	8	10	0	5	15				0	0	0	0		30	10	0	5	45	Dan Kelland	30					30
									0	0	0						0						0						0				0	0	0				0	0	0	0		0	0	0	0	0	0		0				