

Hawkshead 10k June 15th 2022						ER M	ER F
Pos	Gun	Name	AG		Club		
1	32:32:00	Alasdair Russell	SEN	M	Kendal		
2	34:40:00	Ben Riddell	V35	M	Salford H		
3	34:55:00	Douglas Findlay	SEN	M	Garscube Harriers		
4	35:14:00	Richard Wilson	V40	M	Kendal		
5	35:32:00	Robert Short	SEN	M	Bolton		
6	35:57:00	Sam Guing	SEN	M			
7	36:22:00	Tom Smith	SEN	M			
8	36:29:00	Matthew Wilson	V45	M	Kendal		
9	36:34:00	Kate Maltby	V35	W	Bristol & West		
10	36:59:00	Joe Todd	V45	M	Kendal		
11	37:15:00	Jackson Sloan	U20	M	Lancaster & Morecambe		
12	37:17:00	Andrew Wallace	V40	M	Kendal		
13	37:19:00	Charles Jeffrey	U23	M	Hoad Hill		
14	38:05:00	Matt Evans	V40	M			
15	38:12:00	James Gray	SEN	M	Bowland		
16	38:14:00	Jordan Annett	SEN	M			
17	38:23:00	Joseph Nolan	U17	M	Sedbergh		
18	38:32:00	Fred Smith	SEN	M			
19	38:45:00	Richard Wells	V50	M	Sedbergh		
20	39:02:00	Darren Coward	SEN	M	Hoad Hill		
21	39:24:00	Andrew Douglas	V40	M	Eden Runners	1	
22	39:44:00	Danny Bouffler	SEN	M	Levens Valley		
23	39:50:00	Ben Pearson	SEN	M			
24	40:18:00	David Matthew	SEN	M	Run Nation RC		
25	40:27:00	Robert Inman	V40	M			
26	40:32:00	Candice Heys	V40	W	Ulverstor tri club		
27	40:53:00	Dean Crossman	SEN	M	Walney		
28	40:54:00	Oliver Bird	U17	M	Sedbergh		
29	40:56:00	Amy Kelland	SEN	W	Eden Runners		1
30	41:33:00	Matt Santo	V40	M			
31	41:35:00	Brendan Ferguson	SEN	M	Eden Runners	2	
32	41:47:00	Mark Rogerson	V40	M	Bentham Beagles		
33	41:51:00	Ian Sadler	V55	M	Walney		
34	42:28:00	Dave Ramsay	V60	M	Bentham Beagles		
35	42:51:00	Jo Hickman Dunne	SEN	W			
36	42:59:00	Emma Nielsen	V45	W	Eden Runners		2
37	43:03:00	Philip Lee T37	V45	M	Kendal		
38	43:31:00	Dan Kirwan	SEN	M			
39	43:32:00	Katie Percival	SEN	W	Bolton		
40	43:56:00	Jemima Berry	U17	W	Sedbergh/Cumbria Schs		
41	44:02:00	Danny Burns	V40	M			
42	44:04:00	Gary Broadbent	V40	M			
43	44:43:00	Mark McGlincy	V50	M	Bingley		
44	44:46:00	David Sargent	V35	M	Lancaster		
45	44:57:00	Glenn Boulter	V40	M	Hoad Hill		
46	45:00:00	Liz Mcnally	V50	W	Leven Valley AC		
47	45:01:00	Stuart Hodgson	V45	M	Eden Runners	3	
48	45:16:00	Amy Singleton	V40	W	Walney		
49	45:19:00	Helen Walker	V40	W	Glaxo Hoad Hill Harriers		
50	45:26:00	Matt Messenger	V45	M	Leven Valley		
51	45:27:00	Heather Travis	V45	W	Hoad Hill		
52	45:37:00	John Welshman	V50	M			
53	45:55:00	Martin Ramsay	V50	M			
54	45:59:00	Reginald Vincent S	V60	M	Goring		

55	46:30:00	Damian Robin Jones	V60	M	Hoad Hill		
56	46:53:00	Natalie Dodds	V40	W	Walney		
57	46:57:00	Miles Cooke	SEN	M			
58	46:58:00	Zach Chinn	SEN	M			
59	47:05:00	John Curran	V55	M	Keswick		
60	47:06:00	John Andrewartha	V45	M	Eden Runners	4	
61	47:12:00	Karen Bridge	V50	W	Eden Runners		3
62	47:28:00	Garry Bower	V50	M	Eden Runners	5	
63	47:31:00	Mica Lowthian	SEN	W	Eden Runners		4
64	48:18:00	Neil Holdsworth	V65	M	Kendal		
65	48:19:00	Mark Osborne	V55	M	Eden Runners	6	
66	49:17:00	Paul Mann	V40	M	Kendal		
67	49:21:00	Russ Maguire	V40	M	Walney		
68	49:26:00	Andrew Leece	V50	M	Walney		
69	49:28:00	Janice Callister	V55	W	Walney		
70	49:29:00	Claire Shewbridge	V40	W			
71	49:44:00	Benjamin Jackson	U17	M	Sedbergh		
72	49:44:00	Bo Madden	SEN	W			
73	49:49:00	Helen Addison	V40	W	Kendal		
74	49:51:00	Deborah Yearnshire	V40	W	Hoad Hill		
75	50:05:00	Ellen McGowen	V40	W	Sedbergh SRC		
76	50:37:00	Pete Davison	V55	M	Hoad Hill		
77	50:43:00	Julie Hunter	V45	W	Hoad Hill		
78	50:51:00	Paul Gregory	V40	M			
79	50:53:00	Adrian Leigh	V65	M	Bentham Beagles		
80	50:58:00	Dave Howie	V75	M	Walney		
81	51:01:00	Ian Robinson	V60	M	Eden Runners	7	
82	51:04:00	Chris Price	V55	M	Kendal		
83	51:34:00	Hattie Madden	SEN	W			
84	51:42:00	Alison Cooke	V60	W	Hoad Hill		
85	51:54:00	Helen Tyson	V40	W	Eden Runners		5
86	52:22:00	Maria Blakey	V65	W	Walney		
87	52:33:00	Hazel Clarke	V40	W	Kendal AC		
88	52:47:00	Daniel Kelland	SEN	M	Eden Runners	8	
89	52:51:00	Julie Gate	V50	W	Eden Runners		6
90	52:52:00	Evan Cook	V70	M			
91	53:07:00	Cormac Murray	SEN	M	Hoad Hill		
92	53:14:00	Isabel Steele	SEN	W			
93	53:16:00	Caroline Bushell	V55	W	Walney		
94	53:42:00	Rachel Mann	V40	W	Kendal AC		
95	53:46:00	Fiona Ferguson	V50	W	Eden Runners		7
96	54:04:00	Joel Dickenson	SEN	M			
97	55:12:00	Name No	SEN	M			
98	55:16:00	Gill Ramsay	V50	W			
99	55:33:00	Dorris Dixon	SEN	W			
100	55:47:00	Simon Barton	V65	M	Hoad Hill		
101	56:15:00	Karen Doherty	V45	W	Radcliffe		
102	56:23:00	Terry Peet	V65	M	Hoad Hill		
103	57:42:00	Sally Blackmore	V55	W	Eden Runners		8
104	59:58:00	Caroline Wade	V40	W	Helm Hill		
105	59:58:00	Anna Larden	V40	W	Eden Runners		9
106	59:58:00	Emma Jennings	V45	W	Eden Runners		10
107	61:23:00	Diane Armstrong	V45	W	Bentham Beagles		
108	61:23:00	Nicholas Armstrong	V40	M	Bentham Beagles		
109	63:59:00	Lindsey Wilcock	V40	W			
110	64:33:00	Bruce Barnes	V60	M			