

Male Overall							Female Overall						
1st	116	33.01	Nathan	Postill	Border Harriers AC	M	1st	86	41.21	Chloe	Kendal		F
2nd	41	35.24	Tom	Dunlop	Derwent AC	M	2nd	49	42.28	Hailey	Fletcher	Sedbergh School Running Club	F
3rd	53	35.58	John	French	Eden Runners	M40	3rd	16	43.28	April	Caufield	Halifax Harriers & AC	F
Junior Male							Junior Female						
1st	35	51.47	Joshua	Davies		MJ	1st	none					
2nd	154	52.57	James	Gilldaley		MJ	2nd	none					
3rd	none						3rd	none					
Male v40							Female v40						
1st	61	37.44	Tony	Harrison		M40	1st	58	46.53	Kerry	Grinbergs	Eden Runners	F40
2nd	106	38.16	Chris	Neil	Eden Runners	M40	2nd	146	48.54	Hannah	Westley	Cumberland AC	F40
3rd	145	40.50	Jez	Westgarth		M40	3rd	76	49.54	Joanne	Humphreys	Derwent AC	F40
Male v50							Female v50						
1st	39	41.59	David	Dicks	Eden Runners	M50	1st	79	49.58	Annabelle	Innerdale	Eden Runners	F50
2nd	124	42.07	Kevin	Robinson	Derwent AC	M50	2nd	130	50.59	Jan	Scotchford	North Lancs Road Club	F50
3rd	29	42.49	Mick	Crookes	Totley AC	M50	3rd	75	53.08	Debbie	Howard	Furness Fell Runners	F50
Male v60							Female v60						
1st	120	41.58	Dave	Ramsay	Bentham Beagles Running Club	M60	1st	20	48.57	Alison	Cooke	Glaxo Hoad Hill Harriers	F60
2nd	157	45.31	Mike	Hall		M60	2nd	99	53.55	Carole	Milnes	Eden Runners	F60
3rd	105	46.06	John	Myatt	Eden Runners	M60	3rd	5	57.43	Sally	Barton	Glaxo Hoad Hill Harriers	F60
Male v70							Female v70						
1st	108	57.23	Ed	Noble		M70	1st	none					
2nd	none						2nd	none					
3rd	none						3rd	none					