

Haweswater Half Marathon, Bampton, nr. Penrith, Cumbria

7th March 2004

Results courtesy of Simon Lloyds, Eden Runners

Name: Cat: Club:

Pos	Num	Name	Cat	Club	Time
	1	253 Ian Fisher	MS	Otley AC	01:10:17
	2	193 Steve Littler	MS	Wesham Road Runners	01:11:33
	3	76 Alistair Tath	MS	Quakers Running Club	01:14:46
	4	333 Neil Clayton	MS	Otley AC	01:15:37
	5	74 Richard John	MS	Ripon Runners	01:18:32
	6	348 Jeffery Ross	M1	Northumberland FR	01:18:37
	7	302 Ian Scott	M3	Quakers Running Club	01:18:40
	8	430 Andrew McS	MS	Dewsbury Road Runners	01:20:35
	9	453 William Johr	M3	Border Harriers	01:21:19
	10	106 Simon Stew	MS	Border Harriers	01:21:25
	11	120 Anthony Labr	MS	Eden Runners	01:21:54
	12	323 James Hyde	MS	Unattached	01:22:00
	13	459 Kieran Hodgs	MS	Holme Valley	01:22:06
	14	226 Peter Cruse	M1	Wesham Road Runners	01:22:11
	15	479 Paul Curtis	MS	Blengdale Runners	01:22:14
	16	367 Dave Rawlin	M3	Barrow & Furness Strider	01:22:20
	17	34 Mark Hutchir	M1	Leeds Bradford Tri	01:24:10
	18	315 Colin Nichol	MS	Teviotdale Harriers	01:24:17
	19	336 Peter Chaffe	M1	Blaydon	01:24:25
	20	151 Andy Stavele	M1	Burnden Road Runners	01:24:42
	21	259 Richard Robe	M1	Unattached	01:24:48
	22	394 Mike Cubin	MS	Hoad Hill Harriers	01:25:15
	23	316 Gary Mason	M2	Barrow & Furness Strider	01:25:50
	24	247 Tony Davis	M1	Derwent AC	01:26:03
	25	442 John Ashton	MS	Horwich Harriers	01:26:16
	26	396 Darren Rook	MS	Unattached	01:26:18
	27	472 Dave Walms	M1	Unattached	01:26:31
	28	361 Peter Buchar	M1	Unattached	01:27:14
	29	380 Brian Bosher	M3	Sunderland Harriers	01:27:30
	30	299 Jonathon Cle	MS	Preston Harriers	01:27:37
	31	395 Kevin Tower	M2	Kendal AC	01:27:40
	32	206 John Armiste	M2	Otley AC	01:27:41
	33	397 Robin Gilles	MS	Eden Runners	01:27:42
	34	368 Alan Marsha	M2	Eden Runners	01:27:50
	35	256 Steve Templ	M2	Unattached	01:28:08
	36	416 Peter Levisto	M4	Barrow & Furness Strider	01:28:12
	37	286 Martin Bates	M2	Wesham Road Runners	01:28:19
	38	81 Nicholas Wil	M1	Unattached	01:28:21
	39	113 John Johnsto	MS	Evenwood	01:28:33

40	449	Dave Ellis	M1	Birchfield Harriers	01:28:55
41	435	Colin Kenned	MS	Keswick AC	01:28:59
42	378	John Wisem	M1	Wigton Road Runners	01:29:00
43	305	Helen Woodl	FS	Road Runners Club	01:29:25
44	93	Glen Johnsor	MS	Tadcaster Harriers	01:29:32
45	401	Sinapius Hay	MS	Unattached	01:29:50
46	75	Erika Johnsor	FS	Swaledale	01:29:58
47	456	Robert Sling	MS	Lancaster hard core	01:30:14
48	9	Steve Towns	M1	Unattached	01:30:20
49	460	Bernard Gilr	MS	Unattached	01:30:27
50	468	Steve Broadf	M1	Liverpool R.C.	01:30:38
51	192	Colin Blackb	MS	Unattached	01:30:42
52	383	David Haytor	M2	Cumberland Fell Runners	01:30:44
53	121	Karen Heavis	FS	Eden Runners	01:30:51
54	388	A Hudson	M1	Southport Waterloo AC	01:31:13
55	313	Andy Wisem	M1	Unattached	01:31:21
56	402	Philip Wynne	MS	Unattached	01:31:23
57	309	Stephen Harl	MS	Eden Runners	01:31:24
58	461	Michael Dow	M1	Helm Hill Runners	01:31:41
59	386	Peter Garnet	M2	Border Harriers	01:31:58
60	410	Danny Saund	M1	Unattached	01:32:08
61	355	Peter Hill	M3	Dumfries Running Club	01:32:18
62	314	Simon Moun	MS	Unattached	01:32:22
63	24	Steven Griffi	MS	Unattached	01:32:25
64	324	Anthony Turr	M1	Unattached	01:32:33
65	19	Roger Grey	M3	Cumberland AC	01:32:40
66	473	Fraser Livese	M1	Howgill Harriers	01:32:52
67	83	Neil Dowthai	MS	Evenwood	01:32:57
68	94	Martin Johns	M3	Tadcaster Harriers	01:33:06
69	219	Elizabeth Sov	F2	Swaledale	01:33:22
70	78	Chris Watsor	MS	Unattached	01:33:38
71	127	Jamie Heslo	MS	Unattached	01:33:41
72	327	Paul Hart	MS	Dumfries Running Club	01:33:48
73	190	Chris Carver	M1	Otley AC	01:33:54
74	189	Nick Rendell	M1	Unattached	01:33:59
75	182	Paul Fearnyo	M1	Unattached	01:34:00
76	332	David Spence	M2	Eden Runners	01:34:01
77	228	Rob Lawley	M2	Unattached	01:34:02
78	115	Tom Hannah	M3	Otley AC	01:34:11
79	351	Ian Royston	MS	Unattached	01:34:14
80	141	John Hutchin	M2	Elvet Striders	01:34:16
81	407	Guy Simmon	MS	Unattached	01:34:18
82	347	Stephen Mur	M3	Barrow & Furness Strider	01:34:26
83	377	Neville Sawc	MS	Unattached	01:34:36
84	52	Stephen Ken	M2	Buxton AC	01:34:43
85	418	Scott Ellwoo	MS	Shildon	01:35:00
86	436	Stephen Sym	MS	Manchester ymca	01:35:06
87	235	Andrew Bow	MS	Unattached	01:35:13

88	458 Toby Harling MS	Border Harriers	01:35:14
89	258 M Darbyshire M2	Blyth RC	01:35:16
90	392 Steven Walk M1	Blyth RC	01:35:20
91	223 Clare Glazeb FS	North Derbyshire RC	01:35:26
92	65 David Scott-r M3	Colne ASC & Tri	01:35:32
93	61 Stephen Kitcl M1	Unattached	01:35:35
94	210 Andrew Adar M2	Derwent AC	01:35:36
95	478 Elizabeth Anr FS	Unattached	01:35:37
96	222 Phil Robinson M5	Otley AC	01:35:39
97	423 Liz Elliott FS	Unattached	01:35:41
98	338 James Flett MS	Unattached	01:35:51
99	229 Gary Coulter M3	Durham Harriers	01:35:57
100	329 Ian McMillar M1	Unattached	01:36:02
101	105 Nick Symond MS	Unattached	01:36:03
102	271 David Wood M4	North Fylde AC	01:36:05
103	437 Gerry Hehir M2	Crook & District AC	01:36:13
104	354 John Trevett M1	Unattached	01:36:14
105	276 Nicola Wilde F2	Horsforth Harriers	01:36:16
106	339 Mathew Sim MS	Unattached	01:36:30
107	405 Tim Warner M2	Unattached	01:36:37
108	391 Gerard Dohe M2	Unattached	01:36:39
109	58 David Williar MS	Unattached	01:36:46
110	342 Ralph Bolton M1	Unattached	01:36:50
111	278 Dawn Gray F2	Horsforth Harriers	01:36:55
112	290 Dougie Kenn MS	Falkirk Victoria	01:37:07
113	112 Joe Thomas MS	Steel City Striders	01:37:09
114	238 John Robson M2	Annan & District AC	01:37:11
115	131 Barry Edward M1	Wesham Road Runners	01:37:12
116	287 Michaela De F1	Wesham Road Runners	01:37:15
117	270 Trevor Atkins M2	Unattached	01:37:21
118	43 Bob Craig M1	Road Runners Club	01:37:27
119	457 David Wilsor MS	Unattached	01:37:37
120	234 Sue Oxley F2	Helm Hill Runners	01:37:44
121	344 Leigh Jepson MS	Unattached	01:37:53
122	322 Peter Wilson M3	Unattached	01:37:56
123	337 Andrew Coul MS	Unattached	01:38:08
124	147 Tracey Passw F1	Unattached	01:38:18
125	146 Norry Passw MS	Unattached	01:38:22
126	294 Keith Rens M2	Unattached	01:38:22
127	160 Paul Donnell MS	Unattached	01:38:26
128	280 Ernest Nixon M1	Eden Runners	01:38:31
129	447 Alistair Youn MS	Unattached	01:38:34
130	267 Joanna Katz FS	Unattached	01:38:35
131	275 Nicola Abrah FS	Horsforth Harriers	01:38:44
132	443 Derek Coop M1	Horwich Harriers	01:38:48
133	221 Carl Graham M5	Helm Hill Runners	01:38:49
134	211 Rebecca Ada F2	Derwent AC	01:38:52
135	88 John King M3	Helm Hill Runners	01:38:54

136	364 Kevin Prestor	MS	BTA	01:39:01
137	296 Jon Cooper	MS	NYP Tri	01:39:04
138	373 Jonathan Dur	MS	Unattached	01:39:08
139	312 Ian Kinnersle	M1	Unattached	01:39:14
140	289 Dave Prosser	M1	Unattached	01:39:23
141	85 Barrie Evans	M4	Elvet Striders	01:39:32
142	471 Paul Weavin	M1	Cumberland Fell Runners	01:39:34
143	23 Richard Harri	MS	Easingwold	01:39:40
144	371 Samantha A	FS	Cumberland Fell Runners	01:39:41
145	389 Jan McKenzi	F1	Helm Hill Runners	01:39:43
146	62 Richard Gilbr	MS	Newport & District	01:39:48
147	20 Steven Gang	M1	Road Runners Club	01:39:53
148	67 Ian Walton	MS	Unattached	01:40:10
149	175 Stephen Youl	MS	Preston Harriers	01:40:12
150	439 David Jamies	MS	Unattached	01:40:16
151	321 Chris Crossw	M3	Worcester AC	01:40:18
152	463 Robert Hanlc	M2	Unattached	01:40:18
153	163 Mick Staffor	M2	Unattached	01:40:31
154	422 Mark Rimme	MS	Unattached	01:40:36
155	22 Tracy Harrisc	FS	Easingwold	01:40:43
156	227 Julie Cruse	F2	Wesham Road Runners	01:40:56
157	452 Richard McD	M3	Dumfries Running Club	01:40:56
158	466 John Higham	M3	ROYAL NAVY AC	01:40:57
159	362 Mary Hunter	F1	Unattached	01:41:13
160	469 Alexa Jeffers	F2	Unattached	01:41:14
161	209 Paul Nichols	MS	Unattached	01:41:16
162	408 Alby Douglas	M3	Eden Runners	01:41:23
163	12 Paul Bowerb	M2	Unattached	01:41:24
164	155 Ian Wade	M1	North East Vets	01:41:36
165	432 Chris Wilcocl	M1	Wesham Road Runners	01:41:43
166	365 Annette Ellis	F1	Long Eaton	01:41:47
167	441 Ann Stuart	F2	Bromsgrove & Redditch	01:41:57
168	465 S Pickthall	M1	Kendal AC	01:42:02
169	126 Lewis John	M3	Cumberland AC	01:42:04
170	293 John Taylor	M1	Unattached	01:42:05
171	358 Harbhag Sing	M5	Darlington Harriers	01:42:10
172	455 Anna Willett	FS	Unattached	01:42:15
173	295 Les Baker	M2	Cumberland Fell Runners	01:42:17
174	421 David Bradst	M3	ST Helens	01:42:21
175	165 Sue Little	F3	Unattached	01:42:22
176	6 Hamsin Hadz	MS	Birkenhead AC	01:42:25
177	73 Oliver Tomli	MS	Unattached	01:42:27
178	45 Richard Beec	M2	Unattached	01:42:31
179	480 Clive Kelly	M2	Unattached	01:42:50
180	446 Dawn Pringle	F1	Unattached	01:42:51
181	429 Des Thorpe	MS	Oldham ruff.	01:42:52
182	225 M Hendersor	M2	Unattached	01:43:02
183	80 Shirley Worr	F2	Southport Waterloo AC	01:43:04

184	398 Nigel Strong	M1	Eden Runners	01:43:15
185	63 Gil Bearman	F1	Westbury Harriers	01:43:19
186	376 Bill Bain	M3	Unattached	01:43:23
187	431 John Butler	MS	Wesham Road Runners	01:43:24
188	301 Terence Gan	M4	Glaxo Hoad Hill Harriers	01:43:26
189	187 Keith Yeats	M1	Unattached	01:43:34
190	82 Darren Millo	MS	Evenwood	01:43:36
191	11 Steve Kemps	M1	Unattached	01:43:38
192	372 Nick Moore	M2	Cumberland Fell Runners	01:43:42
193	188 Phil Sturgess	MS	Chiltern Harriers	01:43:47
194	433 Richard Hall	M1	Unattached	01:43:49
195	207 Carol Armist	F2	Otley AC	01:43:53
196	241 Chris Waldie	MS	Unattached	01:43:59
197	156 Michael Ma	M4	Middlesbrgh & Cleveland	01:44:09
198	132 Karl Fursey	MS	Black Combe	01:44:15
199	53 Eric Nutter	M5	Swaledale	01:44:22
200	172 Ruth Wilford	FS	Swaledale	01:44:23
201	212 Stephen Lunt	M5	Cumberland AC	01:44:32
202	363 Peter Barlett	M4	Wesham Road Runners	01:44:35
203	311 Alan Harmar	M2	Thirsk & Sowerby	01:44:45
204	180 John Hunter	M3	Swaledale	01:44:49
205	438 Martyn Lowr	M2	Crook & District AC	01:44:51
206	35 Corina Cram	F1	Leeds Bradford Tri	01:44:53
207	345 Brian Porter	M1	Wesham Road Runners	01:44:54
208	64 Glynn Frith	MS	Evenwood	01:45:06
209	251 Paisley Dillor	FS	Unattached	01:45:12
210	414 Neil O'Brien	M3	Otley AC	01:45:18
211	475 William Fox-	MS	Phantom Steppers	01:45:21
212	17 John Lewis	M3	Cumberland AC	01:45:25
213	474 Paul Aitken	MS	Unattached	01:45:54
214	242 Michael Notr	M2	Unattached	01:45:57
215	399 Sam Burke	MS	Unattached	01:46:05
216	384 Diane Haytor	F2	Cumberland Fell Runners	01:46:06
217	71 Stephen Tall	M2	Unattached	01:46:07
218	124 Paul Kear	MS	Unattached	01:46:07
219	55 Michael Grifi	M4	Unattached	01:46:08
220	66 Frank Webst	M3	Road Runners Club	01:46:12
221	194 Colin Wilby	M1	Unattached	01:46:13
222	426 John Davidso	M2	Tynedale Harriers	01:46:15
223	279 Jean Davey	F2	Horsforth Harriers	01:46:23
224	319 Andy Oakley	M1	Unattached	01:46:41
225	445 Yvonne Wick	F2	Clayton-Le-Moors	01:46:45
226	243 Victoria Kilgr	F4	Cumberland AC	01:47:01
227	84 Donna Dowtl	FS	Evenwood	01:47:04
228	142 Cindy Alexan	F2	Teesdale Athletic	01:47:13
229	266 Not used No	MS	Unattached	01:47:18
230	133 David Hainsv	M4	Unattached	01:47:35
231	59 Paul Thomps	M2	Derwent AC	01:47:44

232	119 Ed Tallis	MS	Eden Runners	01:47:47
233	245 Maggie Hopk	F3	Cumberland AC	01:47:59
234	269 Chris Jeffs	F2	Helm Hill Runners	01:48:02
235	171 Patrick Willir	MS	Unattached	01:48:15
236	198 Anthony Blig	MS	North Fylde AC	01:48:21
237	448 Mark Wedge	MS	Unattached	01:48:22
238	454 William Brov	M3	Border Harriers	01:48:38
239	164 Simon McMæ	M1	Unattached	01:48:46
240	31 Andrew Woc	MS	Unattached	01:48:48
241	352 Paul Walsh	M4	Lytham St Annes RRC	01:48:50
242	390 Andrew Millk	M2	Unattached	01:49:01
243	44 Gabrielle Ea	F3	Unattached	01:49:02
244	140 Adam Griffit	MS	Unattached	01:49:06
245	231 John Brettell	M2	North Shields Poly	01:49:28
246	28 Andy Sumne	MS	Ilkley Harriers	01:49:31
247	412 Alister Coate	MS	Unattached	01:49:33
248	393 Terry Whitfie	M4	North Shields Poly	01:49:34
249	177 Anthony Smi	M3	Unattached	01:50:24
250	464 Dave Hicks	M2	Unattached	01:50:37
251	424 Dawn Platt	F1	ST Helens	01:50:44
252	467 Nicholas Ow	M3	Unattached	01:51:11
253	49 Andrew Murj	MS	Unattached	01:51:13
254	162 Minette Mac	F2	Dumfries Running Club	01:51:15
255	98 John Bamfor	MS	Unattached	01:51:22
256	462 John Howort	M3	Wesham Road Runners	01:51:29
257	130 Howard Grez	M4	Unattached	01:51:35
258	375 Jane Fletche	FS	Eden Runners	01:51:43
259	263 Greg Smith	MS	Unattached	01:51:58
260	244 Graham Ban	M2	Cumberland AC	01:52:00
261	255 Jane Hewitt	F2	Unattached	01:52:01
262	56 Jim Manford	M4	North East Vets	01:52:02
263	99 Stephen Joyc	M1	Unattached	01:52:04
264	18 Adrian Metc	M3	Red Rose Road Runners	01:52:09
265	224 Jamie Glazel	MS	North Derbyshire RC	01:52:31
266	425 Eileen Armst	F4	Tynedale Harriers	01:52:38
267	409 Martin Kettle	M2	Giffnock North	01:52:42
268	272 Sue Smith	F2	Unattached	01:52:42
269	104 Roger Jobsor	M3	Unattached	01:52:44
270	37 Robin Buxtor	MS	Unattached	01:52:48
271	77 Colin Hetheri	M1	Unattached	01:52:58
272	154 Paul Kirtley	M1	North East Vets	01:53:06
273	79 Terry Bond	M5	Skipton AC	01:53:22
274	157 Viv Clayton	FS	Village Striders	01:53:32
275	136 Les Kennedy	MS	Unattached	01:53:33
276	310 Ade Harrison	M2	Unattached	01:54:02
277	195 Margaret Ha	F2	Wigton Road Runners	01:54:03
278	326 Gordon Armi	M2	Unattached	01:54:05
279	274 Julie Burchet	FS	Unattached	01:54:09

280	139	Jim Lloyd	M1	Unattached	01:54:10
281	152	Shirley Ashtc	F2	Burnden Road Runners	01:54:11
282	176	Sally Varian	F2	Unattached	01:54:17
283	350	J Tully	MS	Unattached	01:54:33
284	240	John Sayer	M4	Unattached	01:54:35
285	300	Sue Thom	F1	Preston Harriers	01:54:45
286	291	Paul Heeley	MS	Unattached	01:54:49
287	335	Darren Eccle	MS	Unattached	01:54:50
288	68	Karen Piper	FS	Unattached	01:54:53
289	174	Mary Steven	F1	Wirral AC	01:54:54
290	86	Alison Straff	F1	Blengdale Runners	01:54:55
291	428	Edward Trair	M2	Oldham ruff.	01:55:05
292	246	Stewart Grai	M4	Cumberland AC	01:55:24
293	181	Marian Hunt	F2	Swaledale	01:55:43
294	303	Andrew Wat	M1	Unattached	01:55:46
295	111	Amanda Bari	FS	Wigton Road Runners	01:56:08
296	307	Keith Forrest	M3	Unattached	01:56:11
297	451	Giles Elliott	MS	Unattached	01:56:12
298	30	Andrew Palli	M2	Cumberland Fell Runners	01:56:15
299	125	David Reid	M1	Unattached	01:56:21
300	260	Linda Ratincl	F2	Unattached	01:56:32
301	406	Deano Hiscol	M1	Unattached	01:56:55
302	325	Keith Owen	M1	Keswick AC	01:57:05
303	304	Lisa Pye	FS	Chorley Harriers	01:57:07
304	374	Maureen Car	F1	Dumfries Running Club	01:57:12
305	184	Oonagh Batf	F2	Swaledale	01:57:34
306	334	Kevin Martin	M1	Northern AC IOM	01:58:00
307	382	John Birtles	MS	Unattached	01:58:02
308	440	Brandon Holr	MS	Unattached	01:58:17
309	248	Jeff Drake	M2	Unattached	01:58:22
310	320	Margaret Cr	F3	Worcester AC	01:58:28
311	265	Daniel Morgz	MS	Unattached	01:58:28
312	218	John Townsl	MS	Unattached	01:58:42
313	217	Michael Conl	MS	Unattached	01:59:00
314	297	Colin Nixon	M5	Keswick AC	01:59:01
315	346	James Patter	M1	Unattached	01:59:03
316	150	Val Machin	F4	Birkenhead AC	01:59:09
317	353	Jeanette Wa	F2	Unattached	01:59:20
318	166	David Leary	M4	Unattached	01:59:30
319	476	Daria Kuczas	F2	Unattached	01:59:33
320	400	Mikail Westc	MS	Unattached	01:59:50
321	117	Sally Lee	F2	Unattached	02:00:10
322	411	Patricio Porr	M2	Unattached	02:00:15
323	50	Nicholas Mu	MS	Unattached	02:00:15
324	29	Valerie Palli	F2	Unattached	02:00:29
325	403	Eric Tsoi	MS	Unattached	02:00:47
326	26	Andrew Bell	M3	Eden Runners	02:00:50
327	252	Elizabeth An	FS	Unattached	02:01:12

328	178 William Bell	MS	Swaledale	02:01:46
329	179 Andrew Broad	M1	Swaledale	02:02:11
330	239 John Howarth	M2	Unattached	02:02:11
331	102 Tom Owen	MS	Unattached	02:02:32
332	387 John Phillips	M2	Unattached	02:02:32
333	220 Joan Graham	F3	Helm Hill Runners	02:02:35
334	444 Jenni Taylor	FS	Village Striders	02:03:02
335	366 Peter Sturge	M1	Long Eaton	02:03:03
336	261 Alistair Roy	MS	Unattached	02:03:06
337	205 Sara Dyer	F2	Valley Striders	02:03:07
338	123 Michelle Drake	F1	Unattached	02:03:16
339	135 Julie Brown	F2	Barnsley Harriers	02:03:25
340	89 Melanie Saul	F2	Barnsley Harriers	02:04:17
341	90 Graham McC	M1	Barnsley Harriers	02:04:23
342	95 Carol Harvey	F2	Wigton Road Runners	02:04:24
343	128 Gill Dean	F2	Unattached	02:04:36
344	268 Susan Tonell	F3	Village Striders	02:04:36
345	370 Vernon Harvey	M1	Huntingdon AC	02:04:39
346	173 Michael Stevens	M1	Unattached	02:04:53
347	91 Paul Thomas	MS	Unattached	02:04:57
348	2 Marian Mans	F1	Halifax Harriers	02:05:33
349	450 Rod Berry	M5	Kendal AC	02:05:49
350	283 Nicola Latimer	F1	Unattached	02:06:01
351	369 David Dodd	M2	Unattached	02:06:52
352	199 Peter McGough	M2	Otley AC	02:06:54
353	101 Geoff Harrington	M4	Cumberland AC	02:06:55
354	360 Sarah Rutherford	FS	Black Combe	02:07:15
355	419 Alan Townse	M4	Unattached	02:07:42
356	257 Alex Hill	MS	Unattached	02:08:07
357	201 Theresa Garrett	FS	Unattached	02:08:15
358	72 Ray Handley	M2	Unattached	02:08:37
359	92 Malcolm Nicolson	MS	Unattached	02:09:02
360	420 Shaun Hardis	MS	Unattached	02:09:03
361	318 Martin Karra	MS	Unattached	02:09:22
362	281 Mark Thornton	MS	Unattached	02:09:28
363	138 Kim Lloyd	F2	Unattached	02:10:01
364	51 Mirabel Murray	FS	Unattached	02:10:08
365	48 Francis Murray	M5	Unattached	02:10:31
366	413 Victoria Laine	FS	Unattached	02:11:05
367	477 Jo Nevin	F2	Unattached	02:11:06
368	96 Ian Harvey	M1	Wigton Road Runners	02:11:11
369	317 Colin Macfarlane	M1	Unattached	02:11:26
370	262 Leith McGreig	MS	Unattached	02:11:51
371	114 Alan Thompson	M5	Evenwood	02:12:43
372	359 Allan Campbell	M6	Border Harriers	02:12:43
373	21 Ann Durant	F1	Derwent AC	02:13:00
374	233 Janet Murray	F3	Ford (Halewood) AC	02:13:42
375	232 Bill Murray	M5	Ford (Halewood) AC	02:13:42

376	103 Ken McCratt	MS	Unattached	02:14:30
377	47 Martin Thom	MS	Unattached	02:14:31
378	116 Christopher F	MS	Unattached	02:15:26
379	284 Philippa Bou	FS	Unattached	02:15:59
380	285 Barrie Cox	MS	Unattached	02:17:15
381	70 Julie Pitts	FS	Unattached	02:17:21
382	415 Mike Pole-B	M1	Unattached	02:17:22
383	470 Sally Walsh	F2	Wirral AC	02:18:31
384	213 Dawn Lock	F3	Lytham St Annes RRC	02:19:05
385	306 Hazel Eccles	F1	Unattached	02:19:23
386	292 Rachel Boot	FS	Unattached	02:23:05
387	54 Glenys Nutte	F4	Swaledale	02:24:19
388	7 Alison Hadzi	F1	Birkenhead AC	02:24:23
389	249 Alexis Jones	FS	Unattached	02:26:03
390	183 Alec Robe	M4	North East Vets	02:28:43
391	25 Steve Free	M1	Unattached	02:31:01
392	153 Catherine Do	F1	Unattached	02:31:27
393	385 Andrew Stoll	M5	Unattached	02:45:04