



# CODES OF CONDUCT

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## 1. SUMMARY AND SCOPE

This information is provided to all athletes, coaches, volunteers and officials within the Club via the club web site and TeamApp documents.

**All members of Eden Runners are required to abide by these Codes of Conduct as a condition of membership.**

It is imperative that everyone reads the Codes of Conduct. If anyone feels in any way that others within the Club are not following the codes then they should contact a Welfare Officer as soon as possible.

Note: the terms Coach and Run Leader are used interchangeably within these documents.

## 2. CODE OF CONDUCT FOR EDEN RUNNERS CLUB, MEMBERS AND COACHES

### 2.1 As a responsible Athletics Club we will:

- Adopt national welfare policies and procedures, adhere to the code of conduct and respond to any suspected breaches in accordance with the Welfare Procedures
- Appoint a Welfare Officer, preferably two, one male and one female, and ensure that they are provided with appropriate training to act as a first point of contact for concerns about welfare issues
- Ensure that all Coaches and Volunteers operating within the club environment hold the required qualifications and have undertaken the appropriate checks e.g. DBS, Self Disclosure.
- Ensure that coaches and club officers attend recommended training in welfare and safeguarding and protecting children as appropriate.
- Liaise appropriately with parents/persons with parental responsibility, officials, coaches, sports scientists, national governing bodies and other relevant people/organisations to ensure that good practice is maintained
- Ensure that information is available at the club and to all club officers, team managers, coaches and officials regarding contact details for local social services, the police and the NSPCC
- Ensure that club officers and volunteers always act responsibly and set an example to others including younger members
- Respect the rights, dignity and worth of every club member and others involved in athletics and treat everyone equally.
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Challenge inappropriate behaviour and language by others
- Place the welfare and safety of the athlete above other considerations including the development of performance



- Report any suspected misconduct by club officials, coaches, technical officials or other people involved in athletics to the Club, Regional, National or UKA welfare officer as soon as possible

## **2.2 As a responsible Athlete you will:**

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.
- Uphold the same values of sportsmanship off the field as you do when engaged in athletics
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the yourself and other athletes
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
- Inform your coach of any other coaching that you are seeking or receiving
- Always thank the coaches and officials who enable you to participate in athletics.
- Act with dignity and display courtesy and good manners towards others
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
- Challenge inappropriate behaviour and language by others
- Never engage in any inappropriate or illegal behaviour
- Avoid destructive behaviour and leave athletics venues as you find them
- Not carry or consume alcohol to excess and/or illegal substances.
- Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity

## **2.3 As a responsible Coach or Run Leader you will:**

- Respect the rights, dignity and worth of every athlete and others involved in athletics and treat everyone equally.
- Act with dignity and display courtesy and good manners towards others
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
- Challenge inappropriate behaviour and language by others
- Be aware that your attitude and behaviour directly affects the behaviour of athletes under your supervision
- Never engage in any inappropriate or illegal behaviour
- Avoid destructive behaviour and leave athletics venues as you find them
- Not carry or consume alcohol to excess and/or illegal substances.



- Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity
- Place the welfare and safety of the athlete above the development of performance
- Be appropriately qualified including obtaining DBS clearance, update your licence and education as and when required by UKA and adhere to the terms of the coaching licence
- Ensure that activities you direct or guide are appropriate for the age, maturity, experience and ability of the individual athlete
- At the outset clarify with athletes (and where appropriate, with parents or carers) exactly what it is that is expected of them and what athletes are entitled to expect from you
- Never try to recruit, either overtly or covertly, athletes who are already receiving coaching. If approached by an athlete receiving coaching refer immediately to the coach currently providing coaching support.
- Cooperate fully with others involved in the sport such as technical officials, team managers, other coaches, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the athlete
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Encourage and guide athletes to accept responsibility for their own performance and behaviour
- Develop appropriate working relationships with athletes based on mutual trust and respect, especially with those athletes under 18 years or vulnerable adults
- Do not exert undue influence to obtain personal benefit or reward
- In particular a coach **MUST NOT** allow an intimate personal relationship to develop between themselves and any athlete aged under **18 years**. Any violation of this could result in a coach licence being withdrawn and expulsion from the Club. It may also be a criminal offence to conduct a relationship with an athlete aged under 16 years. It may also be a violation of your coaching licence to form an intimate personal relationship with a vulnerable adult coached by you.

### 3. WELFARE OFFICER

#### 3.1 Club Welfare Officer Details

**Lead Welfare Officer:**

**Name** Wade Tidbury

**Email** [welfare@edenrunners.co.uk](mailto:welfare@edenrunners.co.uk)

**Welfare Officers**

**Name:** Amy Elliott

**Name:** Suzanne Smith



### **3.2 The Welfare Officer will:**

- Deal with confidential matters that may arise related to athletes and have an understanding and respond in an appropriate way to such matters.
- Be responsible for the promotion of the code of conduct to members, coaches and technical officials.
- Receive, record and pass on to the NGB Child Protection officer, any concerns relating to the welfare of young people and vulnerable adults
- Recognise the difference between poor practice according to club rules and matters that would be seen as a welfare issue.

### **4. REFERENCES / BIBLIOGRAPHY**

England Athletics Policy and Guidance

<https://www.englandathletics.org/clubs-and-facilities/club-support-services/club-welfare/>

### **5. RELATED POLICIES / PROCEDURES**

- Welfare Policy
- Procedure for Safeguarding Children
- Procedure for Safeguarding Adults - we follow England Athletics guidance