

Race No	Name	Club	Cat	Time	Position
61	Jonathan Cox	Eden Runners	MSEN	01:04:09	1
20	Harry Holmes	Matlock AC	MSEN	01:04:41	2
82	Tom Simpson	Ambleside AC	MSEN	01:05:16	3
18	Mark McGoldrick	Settle Harriers	M40	01:06:29	4
70	Toby Gill	Matlock AC	MU21	01:06:57	5
69	Joe Kenny	Helm Hill	MSEN	01:07:30	6
31	Sean Leckey	Ambleside AC	MSEN	01:08:11	7
90	Steve Jacques	Ambleside AC	M45	01:08:37	8
28	Rob Brown	Keswick AC	M40	01:08:56	9
130	Jack Eyre	Eden Runners	MSEN	01:09:16	10
29	Bobby Gard-Story	Eden Runners	MSEN	01:09:24	11
102	Jack McAtear		MSEN	01:09:53	12
144	Jacob Hiom		MSEN	01:10:07	13
146	Seth Kennard	Lonsdale Fell Runners	MSEN	01:10:31	14
119	David Birch	Keswick AC	M50	01:10:44	15
103	Ben Jackson	Eden Runners	MSEN	01:10:52	16
161	Karl Steinegger	Ambleside AC	MSEN	01:10:53	17
10	Kate Maltby	Blackcombe	Wsen	01:11:01	18
115	Adam Credwell	Cumberland Fell Runners	MSEN	01:11:06	19
66	Kieran Hodgson	Helm Hill	M45	01:12:08	20
128	James Harris	Ambleside AC	MSEN	01:12:10	21
126	Daniel Jones	Eden Runners	MSEN	01:13:05	22
101	Carl Algeo	Northern Fells Running Club	MSEN	01:13:11	23
74	Javier Simon	Helm Hill	M45	01:14:46	24
84	Bryan Wakeley		MSEN	01:14:58	25
93	Dave Prosser	Keswick AC	M60	01:15:11	26
11	Arthur Raffle	Altrincham	MSEN	01:15:18	27
96	Dale Bell	Northern Fells Running Club	MSEN	01:15:27	28
34	Sage Pearce-Higgins	Edinburgh AC	MSEN	01:15:33	29
134	Mark McBride	Derwent AC	M45	01:16:39	30
8	David Poole	Barlick Fell Runners	M40	01:16:35	31
110	Rowan Wood	Lonsdale Fell Runners	M40	01:16:58	32
30	Paul Cornforth	Ambleside AC	M60	01:17:00	33
45	Stephen Pyke		M55	01:17:12	34
49	Nick Barralough	Keswick AC	M50	01:17:17	35
162	Andrew Schofield	Borrowdale	M50	01:17:24	36
60	Joseph Dunn	Settle Harriers	M45	01:17:50	37
53	Ross Bell	Eden Runners	MSEN	01:17:57	38
166	Frank Morgan	Settle Harriers	MU23	01:18:10	39
137	Tom Carter	Durham Fell Runners	MU23	01:18:43	40
92	Adam Jackson	Northern Fells Running Club	M50	01:18:46	41
131	Josh Jardine		MSEN	01:19:33	42
125	Jack Holman	Ambleside AC	MSEN	01:19:40	43
77	Jordon Lewis Palmer	Keswick AC	MSEN	01:19:41	44
6	David Griffin	Helm Hill	M60	01:19:48	45
168	Alex Reed	Cumberland Fell Runners	MSEN	01:19:55	46
13	Chris Upson	Cambuslang Harriers	M55	01:20:11	47
55	Howard Seal	Cumberland Fell Runners	M50	01:20:37	48
158	Adam Dickie	Dumfries Running Club	M40	01:20:39	49

140	Emma Stuart	Northern Fells Running Club	WSEN	01:20:42	50
171	Tim Cottingham	Northern Fells Running Club	MSEN	01:20:58	51
36	Rhiannon Douglas	Border Harriers	WSEN	01:21:04	52
33	Simon Walker		MSEN	01:21:43	53
62	Robert Tansey	Clapham Chasers	M50	01:21:50	54
152	Ben Abdelnoor	Ambleside AC	M40	01:21:55	55
56	Amy Kelland	Eden Runners	WSEN	01:21:57	56
59	Geroge Murphy	Keswick AC	MSEN	01:22:16	57
109	Mike Hawley	Cumberland Fell Runners	MSEN	01:22:24	58
142	Joe Hobbs	Lonsdale Fell Runners	MSEN	01:22:44	59
89	Ellie Debenham	Heughscar Hares	W40	01:22:46	60
122	Tom McGreen	Ellenborough	MSEN	01:22:54	61
108	Luke Jackson	Summit Ultra	MSEN	01:23:00	62
145	Daniel Bye	Lonsdale Fell Runners	M40	01:23:07	63
79	Graham Lewis	Northern Fells Running Club	MSEN	01:23:25	64
65	Malcolm Woolcock		M45	01:23:26	65
58	Robin Steels	Cumberland Fell Runners	M45	01:23:28	66
43	David Banks	Ambleside AC	M55	01:23:29	67
47	Tim Pickering	Helm Hill	MSEN	01:23:30	68
23	Michael Robinson	Cumberland AC	M40	01:23:31	69
76	Matt Bourne	Bowland Fell Runners	M50	01:23:45	70
167	Sean Polland		MSEN	01:23:50	71
51	Daniel Worsell	Cumberland Fell Runners	MSEN	01:23:52	72
150	Mingma Tshering Shepa	Keswick AC	M40	01:23:59	73
147	Adam Marcinowicz	Keswick AC	M40	01:24:22	74
100	Philip Pearson	Northern Fells Running Club	M60	01:25:20	75
73	Tony Bolton	Northern Fells Running Club	M60	01:15:28	76
71	Edmond Jackson	Ambleside AC	M55	01:25:43	77
99	Chris Naylor	Eden Runners	MSEN	01:25:57	78
63	Luke Pagett	Bowland Fell Runners	MSEN	01:26:00	79
164	Luke Mitchell		MSEN	01:26:04	80
35	Andrew Bradley	Cumberland Fell Runners	M55	01:26:09	81
27	Matt Pearman	Helm Hill	M45	01:26:15	82
4	Tim Slater	Eden Runners	MSEN	01:26:29	83
138	Georgia Stevens	Ambleside AC	WSEN	01:26:36	84
81	Craig Kingham		M40	01:26:39	85
78	Adrian Wilson	Sunderland Strollers	M50	01:26:43	86
149	David Goadby	Helm Hill	MSEN	01:27:01	87
141	Zeke Dixon	Eden Runners	MSEN	01:27:05	88
37	James McLanghab	Cumberland Fell Runners	M50	01:27:26	89
143	Emma Bramley		WSEN	01:27:29	90
50	John Winder		M60	01:27:33	91
5	Daz Slater	Ambleside AC	M40	01:27:39	92
86	Stefanie Ervine	Keswick AC	WSEN	01:27:44	93
139	Kenneth Murphy	Lonsdale Fell Runners	M55	01:27:47	94
39	Peter German	Helm Hill	M40	01:28:10	95
148	Jeff Pelletier		M40	01:28:15	96
97	Paul Wilson	Northern Fells Running Club	M45	01:28:17	97
75	Jess Richardson	Northern Fells Running Club	WSEN	01:28:39	98
154	Alice Rea	Helm Hill	WSEN	01:29:16	99

94	Gemma Lane	Eden Runners	Wsen	01:29:18	100
85	Jenn Bell	Keswick AC	WSEN	01:29:19	101
16	Allan Sumner	Lancaster and Morcambe AC	M50	01:29:20	102
25	Dan Wilson	Cumberland AC	M40	01:29:28	103
42	Roy Gibson	Ambleside AC	M60	01:29:38	104
44	Eddie Close	Howgill Harriers	M50	01:29:41	105
160	Sean Robinson	Howgill Harriers	M45	01:29:42	106
40	Paul Jennings	Cumberland Fell Runners	M55	01:29:43	107
107	Ruth Stanley	Cumberland Fell Runners	WSEN	01:29:54	108
88	Katy Boreham		WSEN	01:30:01	109
165	John Osbourne	Settle Harriers	M55	01:30:07	110
105	Ben Jackson	Northern Fells Running Club	M40	01:30:13	111
54	Giles Hawking	York Knavesmire Harriers	M45	01:30:37	112
24	Ian Williams		M55	01:31:04	113
123	Ryan Moody	Ellenborough	MSEN	01:31:08	114
132	Ian Mcdougall	Cumberland AC	M55	01:31:11	115
9	Shaun Jackson	Altrincham	M50	01:31:27	116
91	Emma Neil	Eden Runners	WSEN	01:31:33	117
80	Alan Renfree		M60	01:32:00	118
41	Jennie Chatterley	Cumberland Fell Runners	W50	01:32:33	119
135	Rob Owen		MSEN	01:32:53	120
170	David Anderson	Pudsey and Bramley AC	M50	01:33:13	121
7	Philip Eve	Eden Runners	MSEN	01:33:13	121
111	Scott Palmer	Ryedale Tri Club	M40	01:33:19	123
52	Keith Loan	Keswick AC	M65	01:33:24	124
156	Craig Malcolmson	Hartfell Hill Runners	M55	01:33:31	125
116	Mark Wise	Cumberland Fell Runners	M60	01:31:54	126
159	Rob Crawford	Howgill Harriers	M45	01:33:57	127
72	Rose Singleton	Northern Fells Running Club	Wsen	01:34:11	128
15	David Cowburn	Chorley	M45	01:34:30	129
121	Paul Smith	London Front Runners	MSEN	01:36:16	130
114	Andrew Martindale	Northern Fells Running Club	M55	01:36:35	131
157	Nyle Robert Howard		MSEN	01:36:38	132
136	Edmund Taylor		M40	01:36:49	133
48	Andrew Maybury	Eden Runners	M45	01:36:59	134
95	Joseph Fell	Sutton-in-Ashfield	MSEN	01:37:02	135
106	Darren Parker	Cumberland Fell Runners	M55	01:37:19	136
68	Gordon Pal		MSEN	01:37:19	137
155	Seren Darrell	Helm Hill	MSEN	01:37:45	138
129	Natasha Goggin	Saddleworth	W50	01:37:57	139
67	Richard White		MSEN	01:38:01	140
98	David Brown		MSEN	01:38:06	141
118	Richard Gorden	Eden Runners	M50	01:38:19	142
133	Calum Fraser	Cumberland Fell Runners	MSEN	01:38:25	143
57	Daniel Steers	Keswick AC	M45	01:38:26	144
2	Jon Tombs	Eden Runners	M50	01:38:39	145
151	Arthur Adams		M40	01:38:54	146
124	Ian todd	Cumberland Fell Runners	M50	01:39:13	147
87	Kat Townshead	Keswick AC	WSEN	01:39:18	148
14	Steve Wathall		M65	01:39:45	149

21	Stephanie Solomon	Horsforth Fellandale	WSEN	01:40:00	150
32	Harry Blenrinship		MSEN	01:40:02	151
172	Tom Hall	Summit Ultra	MSEN	01:40:18	152
22	Scott Simpson		M45	01:40:56	153
19	Freda Summerfield	Gateshead Harriers	W50	01:41:00	154
120	Madelenine Wood		WSEN	01:41:04	155
12	Craig Partridge	Altrincham	M55	01:41:20	156
163	Richard Briscoe	Clayton Le Moors	M40	01:41:25	157
169	Michael Salkeld		MSEN	01:41:48	158
117	Ann Chimmings	Cumberland Fell Runners	W60	01:42:01	159
46	Lewis Pyhe		MSEN	01:42:37	160
3	Trevor Symonds	Northern Fells Running Club	M65	01:43:34	161
153	Amanda Graham	Cumberland Fell Runners	W50	01:45:02	162
1	Stephen Cowley	Trawden	M60	01:50:10	163
17	Justin Hale		M55	01:50:21	164
127	Dan Brison	Saddleworth	M60	01:51:33	165
83	Jenny Russell	Northern Fells Running Club	W50	01:51:47	166
112	Stella Atherson	Cumberland AC	W50	01:57:26	167
64	Andrew Kelly	Cumberland AC	M45	02:00:56	168
38	Nick Moore	Cumberland Fell Runners	M60	02:04:23	169
113	Paul Dobson	Northern Fells Running Club	M55	02:04:40	170
104	Alison Wright	Cumberland Fell Runners	W55	02:05:29	171
26	Olga wiggins	Preston Harriers	W40	02:08:38	172