	1	1			1	1	I	1				1	1	1	1	I	1		1	H'cap#2		1	1						1
																				Adjusted									İ
_										H'cap#1					H'cap #2	Points to				time					H'cap#3		H"cap #3	Points to	Final
Race							H'cap#1	H'cap#1		Faster	H'cap			H'cap#2	Finish Pos	date after	H'cap#2	Course	Adjusted	Faster	Н'сар		H'cap #3	H'cap#3	Finish Pos	H'cap #3	Faster	date after	Points
Number			Race time	H'cap#1	H'cap #1		Finish	Net	H'cap#1	/slower	target	H'cap#2		Finish	/ pts	#2	Net	was short	time if on	/slower	target	H'cap #3	Start	Finish	/ pts	Net	/slower	#3	Ranking
	Skipton Cup 2023 -		5k mass	target	Start	H'cap#1	time on	Running	Finish Pos	v. target	time for	Start	H'cap #2	time on			Running	/ pace per	'normal'	v. target	time for	Start	Time on	time on		Running	v. target		İ
	Name	Age Cate	start	time	interval	Start time	watch	time	/ pts	time?	#2	interval	Start time	watch			time	mile	course	time?	#3	Interval	watch	watch		time	time?		<u>i                                     </u>
801	Lisa Askins	FV40 #	00:26:38	00:26:38	00:00:04	00:07:11	00:32:17	00:25:06	4	00:01:32	00:25:06	00:00:06	00:08:43	00:32:34	6	10	00:23:51	00:07:49	00:24:43	00:00:23	00:24:43	00:00:00	00:09:06	00:33:47	3	00:24:41	00:00:02	13	1
781	Dave Challis	MV45 #	00:25:26	00:24:54	00:00:02	00:08:55	00:32:59	00:24:04	15	00:00:50	00:24:04					27	00:22:56		00:23:46		00:23:46	00:00:08	00:10:03	00:34:05	7	00:24:02	00:00:16	34	2
824	Sam Barton	M Open	00:20:02	00:20:02	00:00:11	00:13:47	00:32:43	00:18:56	10	00:01:06	00:18:56	00:00:01	00:14:53	00:33:02	30	40	00:18:09	00:05:57	00:18:49		00:18:49	00:00:08	00:15:00	00:34:08	8	00:19:08	00:00:19	48	3
850 778	Ian Hammett	MV40 MV65 #	00.29.56	00:20:14	00:00:19		00:32:32	00:18:57 00:27:59	6 27	00:01:17 00:00:24	00:18:57		00:14:52	00:33:21		50 49	00:18:29		00:19:09		00:18:57	00:00:03 00:00:18	00:14:52 00:05:50	00:34:08 00:34:17	9	00:19:16	00:00:19	59 63	4
818	Charlie Beaumont Sophie Heron	FV35 #	00:29:36	00:28:23	00:00:19	00:05:26	00:33:25	00:27:59	48	00:00:24	00:27:59	00:00:03	00:05:50	00:32:56	11	59	00:27:06	00:08:33	00:28:06	00:00:06	00:27:59	00:00:18	00:05:50	00:34:17	10	00:28:27	00:00:28	69	5 6
793	Jodie Cass	FV40	00.23.17	00:24:22	00:00:12	00:09:40	00:34:04	00:24:24	54	00:00:01	00:24:22	00:00:03	00:09:40	00:32:44	13	67	00:23:04	00:07:33	00:23:54	00:00:20	00:24:02	00:00:07	00:09:55	00:34:04	5	00:24:22	00:00:20	72	7=
841	Dave Robinson	MV45 #	00:22:50	00:24:05	00:00:00	_	00:33:33	00:22:30	36	00:00:16	00:22:30		00:03:40	_	21	57	00:21:36	00:07:04	00:22:23		00:22:23	00:00:07	00:03:33	00:34:19	15	00:22:53	00:00:30	72	7=
800	Kim Capstick	F Open #	00:30:36	00:30:36	00:00:25	00:03:13	00:31:51	00:28:38	3	00:01:58	00:28:38		00:05:11	00:32:59		30	00:27:48	00:09:06	00:28:49		00:28:38	00:00:04	00:05:11	00:35:15	43	00:30:04	00:01:26	73	9
830	Jon Hemingway	M Open	00:19:56	00:19:52	00:00:10		00:33:20	00:19:23	23	00:00:29	00:19:23		00:14:26	00:33:23		69	00:18:57		00:19:38		00:19:23	00:00:03	00:14:26	00:34:04	6	00:19:38	00:00:15	75	10=
797	Katie Bird	F Open #	00:27:27	00:27:27	00:00:19	00:06:22	00:32:39	00:26:17	8	00:01:10	00:26:17	00:00:22	00:07:32	00:32:44		22	00:25:12	1	00:26:07	00:00:10	00:26:07	00:00:13	00:07:42	00:36:55	53	00:29:13	00:03:06	75	10=
812	Sally McCullock	FV40 #	00:20:38	00:20:38	00:00:11	00:13:11	00:33:47	00:20:36	46	00:00:02	00:20:36	00:00:08	00:13:13	00:32:59	26	72	00:19:46	00:06:28	00:20:29	00:00:07	00:20:29	00:00:04	00:13:20	00:33:50	4	00:20:30	00:00:01	76	12
802	Margaret Mossman	FV45 #	00:28:53	00:27:46	00:00:13	00:06:03	00:32:49	00:26:46	11	00:01:00	00:26:46	00:00:02	00:07:03	00:33:07	35	46	00:26:04	00:08:32	00:27:01	00:00:15	00:26:46	00:00:57	00:07:03	00:34:44	31	00:27:41	00:00:55	77	13
832	John Andrewartha	MV45 #	00:22:32	00:22:32	00:00:11	00:11:17	00:33:27	00:22:10	32	00:00:22	00:22:10	00:00:03	00:11:39	00:33:08	36	68	00:21:29	00:07:02	00:22:16	00:00:06	00:22:10	00:00:03	00:11:39	00:34:10	11	00:22:31	00:00:21	79	14=
811	Sally Addison	F Open #	00:20:36	00:20:36	00:00:02	00:13:13	00:33:17	00:20:04	20	00:00:32	00:20:04	00:00:25	00:13:45	00:33:12	39	59	00:19:27	00:06:22	00:20:09	00:00:05	00:20:04	00:00:25	00:13:45	00:34:24	20	00:20:39	00:00:35	79	14=
814	Sarah Draper	FV45 #	00:32:00	00:32:00	00:01:49	00:01:49	00:32:18	00:30:29	5	00:01:31	00:30:29	00:00:32	00:03:20	00:33:35		58	00:30:15	00:09:54	00:31:21	00:00:52	00:30:29	00:00:32	00:03:20	00:34:35	24	00:31:15	00:00:46	82	16
857	Dave Baglee	MV60		00:21:59	00:00:05	00:11:50	00:33:26	00:21:36	30	00:00:23	00:21:36	00:00:00	00:12:13	00:33:01	29	59	00:20:48		00:21:33		00:21:41	00:00:03	00:12:16	00:34:44	29	00:22:28	00:00:47	88	17
838	Jill Libby	FV65 #	00:31:53	00:31:53	00:00:07	00:01:56	00:30:13	00:28:17	1	00:03:36	00:28:17	00:00:03	00:05:32	00:33:37	55	56	00:28:05	00:09:12	00:29:06		00:28:17	00:00:03	00:05:32	00:34:54	33	00:29:22	00:01:05	89	18
846	Tim Campbell	MV50		00:18:29	00:00:25		00:33:21	00:18:01	24	00:00:28	00:18:01		00:15:48			76	00:17:46		00:18:25		00:18:01	00:00:31	00:15:48	00:34:20	16	00:18:32	00:00:31	92	19=
783	Dave Peacock	MV60 #	00:25:06	00:24:39	00:00:00	00:09:09	00:33:19	00:24:10	22	00:00:30	00:24:10	00:00:12	00:09:39	00:33:13	40	62	00:23:34	00:07:43	00:24:25		00:24:10	00:00:00	00:09:39	00:34:44	30	00:25:05	00:00:55	92	19=
788	Helen Tyson	FV40 #	00:25:01	00:24:34	00:00:06	00:09:15	00:33:48	00:24:33	47	00:00:01	00:24:33	00:00:07	00:09:16	00:32:35	15	62	00:23:19	00:07:38	00:24:10		00:24:10	00:00:04	00:09:39	00:34:58	36	00:25:19	00:01:09	98	21
775 839	Andrew Maybury Katy Drewette	FV40 #	00:31:27	00:21:10 00:31:12	00:00:20	00:12:39	00:33:36	00:20:57	38 100	00:00:13	00:20:57	00:00:03	00:12:52	00:33:11	38	76 101	00:20:19 00:28:15	1	00:21:03	00:00:06 00:01:55	00:20:57 00:29:17	00:00:03	00:12:52	00:34:39	25	00:21:47	00:00:50	101	22
782	Dave Johnson	MV60 #	00:31:27	00:31:12	00:00:41	00:02:37	00:33:51	00:22:11	49	00:00:02	00:31:12	00:02:37	00:02:37	00:30:52	34	83	00:28:15	00:09:15	00:29:17	00:01:55	00:29:17	00:00:08	00:04:32	00:33:39	21	00:29:07	00:00:10	102	24
796	Karen Bridge	FV50 #	00:22:16	00:21:30	00:00:04	00:11:40	00:33:52	00:21:33	50	00:00:02	00:22:08		00:11:40		32	82	00:21:27		00:22:13	00:00:03	00:22:08	00:00:02	00:11:41	00:34:43	28	00:22:44	00:00:47	110	25=
771	Aaron Baglee	MV50	00:22:27	00:21:30	00:00:13	00:12:19	00:33:26	00:19:50	29	00:00:23	00:19:50		00:12:22	00:33:19	43	72	00:19:20		00:21:27		00:19:50	00:00:14	00:12:22	00:35:03	38	00:22:21	00:00:47	110	25=
799	Kerry Grinbergs	FV45 #	00:22:58	00:22:46	00:00:02		00:33:43	00:22:40	43	00:00:06	00:22:40		00:11:09	00:33:17	42	85	00:22:08		00:22:56		00:22:40	00:00:01	00:11:09	00:34:43	27	00:23:34	00:00:54	112	27
823	Larry Horne	MV60 #	00:26:10	00:24:56	00:00:14		00:33:52	00:24:59	51	00:00:03	00:24:56		00:08:53		10	61	00:23:45		00:24:36		00:24:36	00:00:04	00:09:13	00:36:42	52	00:27:29	00:02:53	113	28
795	Julia King	FV70 #	00:28:41	00:28:14	00:00:09	00:05:42	00:34:16	00:28:34	59	00:00:21	00:28:14	00:00:03	00:05:36	00:32:36	8	67	00:27:00	00:08:51	00:27:59	00:00:14	00:27:59	00:00:00	00:05:50	00:35:26	47	00:29:36	00:01:37	114	29
803	Mark Wilmot	MV55 #	00:28:01	00:24:08	00:00:01	00:09:41	00:33:54	00:24:13	52	00:00:05	00:24:08	00:00:01	00:09:41	00:33:06	33	85	00:23:25	00:07:40	00:24:16	00:00:08	00:24:08	00:00:02	00:09:41	00:34:52	32	00:25:11	00:01:03	117	30
808	Peter House	MV60 #	00:28:04	00:28:04	00:00:04	00:05:47	00:33:30	00:27:43	34	00:00:21	00:27:43	00:00:16	00:06:06	00:33:26	49	83	00:27:20	00:08:57	00:28:20	00:00:37	00:27:43	00:00:11	00:06:06	00:34:57	35	00:28:51	00:01:08	118	31=
817	Simon Thomas	MV40 #	00:22:04	00:22:04	00:00:05	00:11:45	00:33:27	00:21:42	31	00:00:22	00:21:42	00:00:01	00:12:07	00:33:30	50	81	00:21:23	00:07:00	00:22:10	00:00:28	00:21:45	00:00:01	00:12:07	00:35:00	37	00:22:53	00:01:08	118	31=
842	Simon Flatman	MV50 #	00:27:24	00:27:07	00:00:14	00:06:42			100		00:27:07	00:00:36	00:06:42	00:32:07	2	102	00:25:25	00:08:19	00:26:20	00:00:47	00:26:20	00:00:02	00:07:29	00:34:22	19	00:26:53	00:00:33	121	33=
790	James Grinbergs	MV45	00:19:54	00:19:33	00:00:19	00:14:16	00:33:42	00:19:26	41	00:00:07	00:19:26	00:00:14	00:14:23	00:33:37		95	00:19:14	00:06:18	00:19:55	00:00:30	00:19:26	00:00:14	00:14:23	00:34:41	26	00:20:18	00:00:52	121	33=
820	Stephen Pearce	MV40	00:20:34	00:20:34	00:00:02	00:13:15	00:32:55	00:19:40	13	00:00:54	00:19:40	00:00:10	00:14:09		100	113					00:19:40	00:00:10	00:14:09	00:34:16	12	00:20:07	00:00:27	125	35=
786	Emma Watson	FV45 #	00:28:02	00:28:02	00:00:02	00:05:49	00:32:37	00:26:48	7	00:01:14	00:26:48		00:07:01	00:32:50	18	25	00:25:49	1	00:26:45	_	00:26:45	00:00:01	00:07:04		100			125	35=
776	Annabelle Innerdale	FV50 #	00:25:23	00:25:23	00:00:07	00:08:26	00:32:51	00:24:25	12	00:00:58	00:24:25	00:00:08	00:09:24	00:32:47	16	28	00:23:23	00:07:39	00:24:14	_	00:24:14	00:00:22	00:09:35	00.67	100	00.00		128	37
826	Rob Daley	MV45 4	00:19:48	00:19:25	00:00:08	00:14:24	00:33:27	00:19:03	33	00:00:22	00:19:03	00:00:20	00:14:46	00:33:23	47	80	00:18:37	00:06:06	00:19:18	00:00:15	00:19:03	00:00:20	00:14:46	00:35:34	49	00:20:48	00:01:45	129	38
834 840	Jamie Jephcott Andrew Richardson	MV50 #	00:22:21	00:21:56 00:25:18	00:00:03	00:11:52 00:08:31	00:34:04	00:25:33	100 55	00:00:15	00:21:56	00:00:12	00:11:52	00:32:35	7 56	107 111	00:20:43	00:06:47	00:21:28	00:00:29	00:21:35 00:25:18	00:00:06	00:12:21	00:34:33 00:34:27	23	00:22:12	00:00:37	130 133	39 40
822	Susanne Enhard	FV55 #	00:24:16	00:25:18	00:00:05	00:08:31	00:34:04	00:23:33	17	00:00:15	00:23:18	00:00:12	00:08:31	00:33:37	20	37	00:25:06	00:08:13		00100110	00:23:18	00:00:08	00:08:31	00.34.27	100	30.23.36	30.00.38	137	41
791	Jo Rodham	FV40 #	00:24:16	00:24:10	00:00:08	00:09:33	00:33:22	00:24:43	25	00:00:27	00:24:43		00:10:16	00.32.34	100	125	00.22.30	55.07.24	00.23.23	55.55.56	00:24:43	00:00:13	00:10:24	00:34:16	13	00:25:10	00:00:27	138	42
816	Shannon Raffel	F Open #	00:23:17	00:23:10	00:00:00	00:08:39	00:33:35	00:24:43	37	00:00:14	00:24:43	00:00:1	00:03:00	00:32:48	17	54	00:21:29	00:07:02	00:22:15	00:00:14	00:24:45	00:00:22	00:03:00	55.54.10	100	30.23.10	20.30.E7	154	43
810	Ralph Liddell	MV70 #	00:24:48	00:24:07	00:00:00	00:09:42	00:34:01	00:24:19	53	00:00:12	00:24:07	00:00:00	00:09:42	00:32:48	60	113	00:24:16	00:07:57	00:25:08		00:24:07	00:00:00	00:09:42	00:35:22	46	00:25:40	00:01:33	159	44
829	Gill Silson	FV60 #	00:30:33	00:29:52	00:00:23				100		00:29:52		00:03:58			123	00:28:59	1	00:30:03		00:29:52	00:00:17	00:03:58	00:35:07	39	00:31:09	00:01:18	162	45
852	Lindsay Harrod	FV55		00:29:23	00:00:28	00:04:26	00:34:54	00:30:28	67	00:01:05	00:29:23	00:00:04	00:04:26	00:33:48	59	126	00:29:22	00:09:37	00:30:26	00:01:03	00:29:23	00:00:04	00:04:26	00:35:10	41	00:30:44	00:01:21	167	46=
848	Gillian Combellack	FV50		00:30:15	00:00:21	00:03:34	00:33:42	00:30:08	42	00:00:07	00:30:08	00:00:21	00:03:41	00:32:58	25	67	00:29:17	00:09:35	00:30:21	00:00:13	00:30:08	00:00:21	00:03:41		100			167	46=
784	David Wills	MV60 #	00:23:15	00:22:59	00:00:02	00:10:50	00:33:37	00:22:47	40	00:00:12	00:22:47	00:00:01	00:11:02	00:33:00	28	68	00:21:58	00:07:12	00:22:46	00:00:01	00:22:46	00:00:02	00:11:03		100			168	48
821	Stuart Stoddart	MV50	00:19:22	00:19:22	00:00:03	00:14:27	00:33:12	00:18:45	19	00:00:37	00:18:45	00:00:00	00:15:09	00:33:32	51	70	00:18:23	00:06:01	00:19:03	00:00:18	00:18:45	00:00:04	00:15:04		100			170	49
845	John Williams	MV50		00:19:00	00:00:22	00:14:49	00:34:19	00:19:30	61	00:00:30	00:19:00		00:14:49	00:35:27	66	127	00:20:38		00:21:23		00:19:00	00:00:03	00:14:49	00:35:16	44	00:20:27	00:01:27	171	50=
837	John French	MV40	00:17:54	00:17:54	00:00:35	00:15:55	00:33:23	00:17:28	26	00:00:26	00:17:28		00:16:21		45	71	00:17:01		00:17:38		00:17:28	00:00:26	00:16:21		100			171	50=
868	Andrew Douglas	MV40		00:18:32					100		00:18:32	00:00:04	00:15:17	00:33:47	58	158	00:18:30		00:19:10		00:18:32	00:00:04	00:15:17	00:34:20	17	00:19:03	00:00:31	175	52=
835	Roy Bottomley	MV60 #	00:27:56	00:25:30	00:00:06	00:08:19	00:34:04	00:25:45	56	00:00:15	00:25:30	00:00:29	00:08:19	00:32:52	19	75	00:24:33	00:08:02	00:25:26	00:00:04	00:25:26	00:00:33	00:08:23		100			175	52=
844	Susie Pattinson	FV35 #	00:23:01	00:23:01	00:00:07	00:11:03	00:33:44	00:22:41	44	00:00:20	00:22:41	00:00:03	00:11:08		31	75	00:21:55	00:07:11	00:22:43		00:22:41	00:00:03	00:11:08		100			175	52=
861	Julie Gate	FV50		00:26:30	00:00:08	00:07:19	00:33:18	00:25:59	21	00:00:31	00:25:59	00:00:01	00:07:50	00:33:40	57	78	00:25:50	00:08:28	00:26:46	00:00:47	00:25:59	00:00:01	00:07:50		100			178	55

785	Emma Nielsen	FV50 #	00:22:52	00:21:46	00:00:00	00:12:03			100		00:21:46	00:00:00	00:12:03	00:33:15	41	141	00:21:12	00:06:56	00:21:58	00:00:12	00:21:46	00:00:10	00:12:02	00:35:20	45	00:23:17	00-01-21	186	56
777	Carl Sealby	MV50 #	00:22:32	00:21:40	00:00:04		00:33:25	00:20:29	28	00:00:24	00:20:29	00:00:04	00:12:03	00:34:12	63	91	00:21:12	00:06:50	00:21:37	00:01:08	00:21:40	00:00:10	00:13:20	00.33.20	100	00.23.17	00.01.31	191	57
847	Kathryn Metcalfe	FV45	00.21.11	00:20:57	00:00:04		00:33:36		39	00:00:13			00:13:20	00:34:04	62	101	00:20:59		00:21:37			00:00:05			100			201	58
872	Jonny Cox	M Open	00:17:54	00:20:37	00.00.03	00.12.32	00.33.30	00.20.44	100		00:17:28		00:16:21	00.34.04	100	200	00.20.33	00.00.32	00.21.43	00.01.01	00:17:28	00:00:00		00:33:40	2	00:17:19	00:00:09	202	59=
789	Ian Robinson	MV60 #	00:17:34	00:17:28	00:00:24	00:08:13	00:31:31	00:23:18	2		00:17:28	00:00:13	00:10:21		100	102					00:17:28	00:00:07	00:10:21	00.33.40	100	00.17.19	00.00.09	202	59=
833	Mark Foudy	MV60 #	00:27:33	00:26:57	00:00:24	00:06:52	00.31.31	00.23.18	100	00.02.18	00:26:57		00:10:51	00:32:19	3	102	00:25:27	00:08:20	00:26:22	00:00:35	00:26:22	00:00:17	00:10:31		100			203	61
	Katie Milburn	FV40 #	00:24:37	00:23:31	00:00:10	00:00:32			100		00:23:31	00:00:10	00:10:18	00:32:19	4	103	00:23:27		00:20:22	00:00:33	00:20:22	00:00:17	00:10:51		100			203	62
798 860	Anne Blues	FV70	00.24.37	00:33:49	00:00:00		00:34:32	00:34:32	63		00:33:49	00:00:00	00:10:18	00.32.28	100	163	00.22.10	00.07.13	00.22.38	00.00.33	00:33:49	00:00:10	00:00:00	00:35:13	42	00:35:13	00:01:24	205	63=
827	Mike Hall	MV60 #	00:23:16	00:33:49	00:00:00	00:10:33	00.34.32	00.34.32	100	00.00.43	00:33:49	00:00:02	00:10:33	00:32:30	5	105	00:21:57	00:07:11	00:22:45	00:00:31	00:33:49	00:00:00	00:00:00	00.55.15	100	00.55.15	00.01.24	205	63=
854		MV55	00.23.10	00:23:16	00:00:13		00:34:12	00:23:19	58	00:00:23	00:23:16		00:10:53	00.32.30	100	158	00.21.37	00.07.11	00.22.43	00.00.31	00:22:56	00:00:02	00:11:04	00:35:38	50	00:24:45	00:01:49	203	65=
	Tony Lowery			00:22:56					60		00:22:56		00:10:53	00:33:25	48		00:20:36	00:06:45	00:21:21	00:00:21	00:22:56	00:00:02	00:10:53	00:35:38	100	00:24:45	00:01:49	208	
858	Sally Braithwaite	F Open FV45 #	00.20.50	00:21:00	00:00:10	00:12:49	00:34:17	00:21:28	100	-	00:21:00	00:00:30	00:12:49	00:33:25	9	108	00:20:36	00:06:45			00:21:00	00:00:27	00:12:49		100			208	65= 67=
819	Steph Foudy		00:28:58				00 22 42	00.05.05						00:32:36			00:26:55	00:08:49	00:27:54	00:00:14									
773	Alison Phillips	FV50 #	00:26:12	00:26:12	00:00:18		00:32:42		9		00:25:05	00:00:01	00:08:44		100	109					00:25:05	00:00:07	00:08:44		100			209	67=
804	Nigel Braithwaite	MV50 #	00:22:29	00:22:29	00:00:03		00:32:56		14		00:21:36		00:12:13		100	114					00:21:36	00:00:06	00:12:13		100		00:02:18	214	69
806	Paul Saager	MV70 #	00:26:25	00:25:12	00:00:06		00:34:32	00:25:55	64		00:25:12	00:00:06	00:08:37		100	164					00:25:12	00:00:06	00:08:37	00:36:07	51	00:27:30	00:02:18	215	70
809	Petrina Cassell	FV65 #	00:31:15	00:30:14	00:00:01		00:33:02	00:29:27	16 100	00:00:47	00:29:27		00:04:22		100	116					00:29:27	00:00:24	00:04:22	00.24.22	100	00 22 40	00.00.00	216	71 72=
787	Gary Milnes	MV65 #	00:22:45	00:22:45	00:00:01	00:11:04					00:22:45		00:11:04		100	200					00:22:45	00:00:01	00:11:04	00:34:22	18	00:23:18	00:00:33	218	
864	Anna Larden	FV40		00:27:21	00:00:06	00:06:28	00:33:07	00:26:39	18	00:00:42		00:00:03	00:07:10		100	118					00:26:39	00:00:03	00:07:10		100			218	72=
869	Jonny Howe	M Open		00:18:54		22.12.22			100		00:18:54		00:14:55	00:32:57	24	124	00:18:02	00:05:54	00:18:41	00:00:13	00:18:41	00:00:02	00:15:08		100			224	74
859	Paul McKeown	MV55		00:20:49			00:34:47	00:21:47	66	00:00:58	00:20:49	00:00:08	00:13:00	00:34:01	61	127	00:21:01	00:06:53	00:21:47	00:00:58	00:20:49	00:00:08	00:13:00		100			227	75
836	Carole Milnes	FV60 #	00:27:16	00:26:42	00:00:15	00:07:07			100		00:26:42		00:11:04		100	200					00:26:42	00:00:03	00:07:07	00:34:56	34	00:27:49	00:01:07	234	76
853	Kate Wills	FV60		00:31:01	00:00:11		00:35:20		70		00:31:01	00:00:11	00:02:48	00:34:41	65	135	00:31:53	00:10:26	00:33:02	00:02:01	00:31:01	00:02:48	00:02:48		100			235	77=
813	Sam Hughes	MV40 2	00:18:57	00:18:54	00:00:06	00:14:54	00:33:31	00:18:36	35	00:00:18	00:18:36	00:00:09	00:15:13		100	135					00:18:36	00:00:05	00:15:13		100			235	77=
867 831	Craig Bottomley	M Open MV55 #	00:20:44	00:18:45	00:00:01	00:13:16			100		00:18:45	00:00:09	00:15:04 00:11:04	00:33:08	37 100	137 200	00:18:04	00:05:55	00:18:43	00:00:02	00:18:43	00:00:02	00:15:06 00:13:16	00:35:08	100 40	00:21:52	00:01:19	237	79 80
862	Kevin Scott Elaine Malyn	FV55	00.20.44	00:28:23	00:00:00		00:33:46	00:28:20	45		00:28:20		00:11:04		100	145					00:28:20	00:00:11 00:00:18	00:05:29	00.33.08	100	00.21.32	00.01.19	245	81
871	Keith Black	MV55	00:27:04		00.00.00	00.03.20	00.33.40	00.28.20	100	00.00.03	00.28.20	00.00.18	00.03.29		100	200					00:26:20	00:00:18	00:07:29	00:35:28	48	00:27:59	00.01.20	248	82
807	Paul Wilson	MV65 #	00:27:04	00:26:20	00:00:07	00:07:45	00:34:06	00:26:21	57	00:00:17	00:26:05	00:00:13	00:07:45		100	157					00:26:20	00:00:00	00:07:29	00:35:28	100	00:27:59	00:01:39	257	83
863	Amy Kelland	F Open	00.20.31	00:26:03	00:00:07		00:34:22		62		00:26:03		00:07:43		100	162					00:26:03	00:00:07	00:07:45		100			262	84
870	,	FV35		00:17:54	00:00:00	00:15:55	00:34:22	00:18:27	100	00:00:33	00:17:54			00:34:38	64	164	00:22:45	00:07:27	00:23:35	00:01:39		00:00:07	00:15:55		100			264	85
	Lisa Jackson	F Open #	00:24:53	00:22:44	00:00:01	00:11:05	00:34:43	00:23:38	65	00:00:54	00:21:56		00:11:53	00:34:38	100	165	00:22:45	00:07:27	00:23:35	00:01:39	00:21:56	00:00:12	00:11:53		100			265	86
780 851	Claire Crewe Gina Mumford	FV60	00:24:53	00:22:44	00:00:01		00:34:43		68		00:22:44		00:11:05		100	168					00:22:44	00:00:01	00:11:05		100			268	87
856	Richard Lambert	MV50		00:23:08	00:00:04		00:35:07	00:24:26	69		00:23:08		00:07:49		100	169					00:23:08	00:00:04	00:10:41		100			269	88
828	Charlotte Hill	FV60		00:23:08	00:00:03		00:35:37	00:30:30	71		00:28:42	00:00:41	00:10:41		100	171					00:23:08	00:00:35	00:10:41		100			271	89
855	Tanya Lambert	FV50		00:28:42	00:00:41		00:35:38	00:30:30	72		00:22:13	00:00:41	00:03:07		100	172					00:28:42	00:00:02	00:03:07		100			272	90
865	Ross Bell	M Open		00:22:13	00:00:10		00:35:38		73		00:17:54		00:11:50		100	173					00:22:13	00:00:00	00:15:55		100			273	91
792	Joanne May	FV50 #	00:27:59	00:17:59	00:00:03	00:05:50	00.30.18	00.20.23	/3	00.02.23	00:27:59		00:15:50		100	1/3					00:17:59	00:00:00	00:05:50		100			2/3	91
805	Nigel Hierons	MV50 #	00:24:40	00:24:40	00:00:14	00:09:09					00:24:40		00:09:09									00:00:03	00:09:09						
849	Rosanna Marshallsay	FV35	00.24.40	00:24:40	00:00:14	00:10:08					00:23:41	00:00:23	00:10:08								00:23:41	00:00:05	00:10:08						
772	Alex Heron	MV65 #	00:24:11	00:23:41	00:00:28	00:10:08					00:23:38	00:00:23	00:10:08								00:23:38	00:00:03	00:10:08						
774	Amanda Singleton	FV50 #	00:23:41	00:23:13	00:00:03	00:10:11					00:23:38		00:10:11								00:23:13	00:00:05	00:10:11						
843	Mike Innerdale	MV50 #	00:23:41	00:23:13	00:00:03	00:10:36					00:23:13		00:10:36								00:23:13	00:00:08	00:10:36						
866	Mica Lowthian	F Open	50.22.46	00:22:30	30.00.08	50.11.01					00:22:48	00:00:10	00:11:01								00:22:48	00:00:10	00:11:01						
825	Garry Bower	MV50		00:22:30	00:00:10	00:12:03					00:22:30	00:00:10	00:11:19								00:22:30	00:00:10	00:11:19						
794	John Oakev		00:21:43	00:21:46	00:00:10	00:12:03					00:21:46											00:00:00	00:12:03						
/94	лопп <b>Оаке</b> у	IVI V 5U #	00:21:43	00:21:43	00:00:03	00:12:06					UU:21:43	00:00:03	00:12:06								υ0:21:43	00:00:03	UU:12:U6						