

Race Number	Name	Gender	Age	Base time	Hcap #1 start time	Hcap #1 finish time	Points from Hcap #1	Hcap #1 Run time	+/- from Base time
122	James Jardine	M	M35	00:24:47	00:11:27	00:34:22	1	00:22:55	00:01:52
100	Olivia Kidd	F		00:24:56	00:11:18	00:34:22	2	00:23:04	00:01:52
76	Roy Bottomley	M	M55	00:24:20	00:11:54	00:34:30	3	00:22:36	00:01:44
75	Jill Libby	F	F60	00:29:58	00:06:16	00:34:36	4	00:28:20	00:01:38
128	Justin Tracey	M	M45	00:22:44	00:13:30	00:34:36	5	00:21:06	00:01:38
74	Stuart Lowthian	M	M60	00:27:15	00:08:59	00:34:44	6	00:25:45	00:01:30
106	Ian Robinson	M	M60	00:26:26	00:09:48	00:34:47	7	00:24:59	00:01:27
120	Rosanna Marshallsay	F		00:24:12	00:12:02	00:34:52	8	00:22:50	00:01:22
82	David Challis	M	M40	00:24:17	00:11:57	00:34:56	9	00:22:59	00:01:18
95	Audrey Turnbull	F	F35	00:25:43	00:10:31	00:34:58	10	00:24:27	00:01:16
88	Lesley Allison	F	F60	00:28:03	00:08:11	00:35:01	11	00:26:50	00:01:13
84	Tony Lowery	M	M50	00:23:52	00:12:22	00:35:03	12	00:22:41	00:01:11
79	Keith Black	M	M55	00:26:47	00:09:27	00:35:03	13	00:25:36	00:01:11
66	Emma Oakey	F	F50	00:30:45	00:05:29	00:35:05	14	00:29:36	00:01:09
86	Julia King	F	F60	00:28:27	00:07:47	00:35:14	15	00:27:27	00:01:00
126	Julie Gate	F	F50	00:26:30	00:09:44	00:35:17	16	00:25:33	00:00:57
121	Abigail Jardine	F	F35	00:30:46	00:05:28	00:35:19	17	00:29:51	00:00:55
130	Jess Gillon	M	M45	00:21:00	00:15:14	00:35:20	18	00:20:06	00:00:54
91	Larry Horne	M	M55	00:23:47	00:12:27	00:35:22	19	00:22:55	00:00:52
67	John Myatt	M	M60	00:22:00	00:14:14	00:35:33	20	00:21:19	00:00:41
83	Dave Peacock	M	M60	00:23:51	00:12:23	00:35:38	21	00:23:15	00:00:36
117	Anna McCombie	F	F35	00:25:09	00:11:05	00:35:40	22	00:24:35	00:00:34
68	John Williams	M	M40	00:19:27	00:16:47	00:35:41	23	00:18:54	00:00:33
110	Peter House	M	M60	00:26:01	00:10:13	00:35:42	24	00:25:29	00:00:32
101	Zeke Dixon	M		00:19:47	00:16:27	00:35:44	25	00:19:17	00:00:30
116	Stephen Pearce	M	M40	00:19:55	00:16:19	00:35:44	26	00:19:25	00:00:30
73	Suzanne Smith	F	F45	00:21:49	00:14:25	00:35:45	27	00:21:20	00:00:29
77	Sarah Wright	F	F45	00:26:44	00:09:30	00:35:45	28	00:26:15	00:00:29
119	Simon Flatman	M	M45	00:23:18	00:12:56	00:35:49	29	00:22:53	00:00:25
129	Petrina Cassell	F	F60	00:29:08	00:07:06	00:35:52	30	00:28:46	00:00:22
108	Helen Tyson	F	F40	00:24:44	00:11:30	00:35:52	31	00:24:22	00:00:22
85	Gillian Silson	F	F60	00:29:21	00:06:53	00:35:53	32	00:29:00	00:00:21
87	Nicola King	F	F50	00:22:26	00:13:48	00:35:53	33	00:22:05	00:00:21
72	Sally Braithwaite	F		00:21:06	00:15:08	00:35:53	34	00:20:45	00:00:21
113	James Grinbergs	M	M40	00:19:29	00:16:45	00:35:56	35	00:19:11	00:00:18
131	Greg Simpson	M	M40	00:20:22	00:15:52	00:35:56	36	00:20:04	00:00:18
89	Mike Allison	M	M60	00:20:04	00:16:10	00:35:59	37	00:19:49	00:00:15
115	Kerry Grinbergs	F	F40	00:23:12	00:13:02	00:36:00	38	00:22:58	00:00:14
132	Kathryn Metcalfe	F	F45	00:21:45	00:14:29	00:36:00	39	00:21:31	00:00:14
104	Steven Agar	M	M40	00:18:24	00:17:50	00:36:01	40	00:18:11	00:00:13
99	Katie Bird	F		00:25:25	00:10:49	00:36:03	41	00:25:14	00:00:11
71	Nigel Braithwaite	M	M50	00:21:40	00:14:34	00:36:07	42	00:21:33	00:00:07
105	Dave Johnson	M	M60	00:22:18	00:13:56	00:36:16	43	00:22:20	00:00:02
133	Emma Neilsen	F	F45	00:21:01	00:15:13	00:36:32	44	00:21:19	00:00:18
103	Katie Milburn	F	F35	00:23:02	00:13:12	00:35:59	45	00:22:47	00:00:15
127	Susie Bone	F	F40	00:21:43	00:14:31	00:36:42	46	00:22:11	00:00:28
124	Karen Bridge	F	F50	00:20:48	00:15:26	00:37:11	47	00:21:45	00:00:57
125	Alison Naylor	F	F60	00:32:14	00:04:00	00:37:59	48	00:33:59	00:01:45

Started 38 sec late - finish time adjusted

Column ref | A B C D E F

Column Ref explanation

- A** Base Time either from Skipton Cup 5k 2021-09-08 or other source if not
- B** Handicap #1 start time on watch
- C** Handicap # finish time on watch
- D** Handicap # finish position & points
- E** Handicap #1 actual running time
- F** Green = quicker, Red = slower than Base Time